

GLUCOSAMINE THERAPY:

A Supplemental Protocol with Traumeel® and Zeel®

The supplement Glucosamine is vital for the body's synthesis of connective tissue. Another supplement, Chondroitin, helps support joint function and preserve joint structure. Both are being widely used by persons concerned about joint health. Connective tissue health is clearly necessary for smooth production and renewal of cartilage, bones and joints. However, as many doctors have seen, there is more to the problem of joint disorders (arthritis, etc.) than simply stimulating connective tissue and preserving joint structure.

For persons who suffer from inflammation of the joints and degenerative cartilage conditions, Glucosamine and Chondroitin alone may not provide satisfactory relief. The molecules of these remedies are large and encumber the metabolism, causing the body to use more energy in their processing, thereby slowing recovery time. **Traumeel** and **Zeel** can actually enhance the performance of nutraceuticals by catalyzing the biochemical reactions in the connective tissue matrix. The mechanism of action in both products has been extensively researched in determining efficacy. **Traumeel** and **Zeel** are highly recommended as an effective adjunct to conventional therapy.

Additionally, both preparations have been proven* to provide symptomatic relief from the common symptoms of arthritis. **Traumeel** is an analgesic, anti-inflammatory preparation with specific affinity to soft tissues. It is useful for sprains, bursitis, dislocation of soft tissues and swollen tissues. **Zeel** brings relief to hard tissues, disorders of ligaments cartilage and periosteum, arthritis of the hip and of the knee, rheumatism and polyarthritis.

Together, **Traumeel and Zeel** help relieve the stiffness, swelling and pain of arthritis. Their combined use easily complements Glucosamine and Chondroitin products to offer the most to sufferers of arthritis.

Traumeel/Zeel Protocol to Supplement Current Treatment with Glucosamine/ Chondroitin Products

Weeks 1 and 2:

Traumeel Tablets:	1 tablet 3-5 times a day
Zeel Tablets:	1 tablet 3-5 times a day
Traumeel Ointment:	Apply locally 2-5 times a day

Weeks 3-4-5:

Zeel Ointment:	Apply locally 3-5 times a day
Zeel Tablets	1 tablet 3-5 times a day

***Antihomotoxic Mesotherapy of Soft-Tissue Sports Injuries;** Ignacio Ordiz, Jorge Egocheaga, Miguel del Valle; Escuela de Medicina Deportiva, Universidad de Oviedo, Spain; Data on file, Heel Inc.