

Cromolyn Sodium Fact Sheet

- Was chosen as comparative medication because cromolyn sodium is the active ingredient in the most important anti-allergic nasal sprays in Germany
- Acts purely prophylactic (takes several hours; already existing symptoms are not improved)
- Has no intrinsic antihistamine or anti-inflammatory activity
- Suitable for long-term use in contrast to corticoidsteroid-based nasal sprays (but use over several years diminishes the prophylactic effect)
- Mechanism of action: via inhibition of degranulation of mast cells (no release of histamine)
- Should not be taken in the first three pregnancy months
- Cromolyn sodium quite often provokes allergic reactions like irritations of skin etc.