

HEEL MEDICATIONS

Stress and Sleep Reference Book



-Heel

Healthcare designed by nature

NAVIGATE BY KEY PRODUCT USES

Main Heel Products

For the following symptoms and conditions

	Neurexan®	Nervoheel®	Tonico-Injeel®	Vertigoheel®	Cerebrum comp.	Echinacea comp.	Hepar comp.®	Engystol®	Spascupreel®	Tonsilla comp.	Coenzym comp.
First line treatment of patients suffering from stress-related disorders such as nervousness, restlessness, sleep disturbances	Dark blue bar										
Acute stressful situations and daily stressors		Blue bar	Blue circle								
Symptomatic treatment of patients suffering from general exhaustion with nervous complaints, lack of motivation & low mood		Blue bar	Blue circle		Orange circle						Orange circle
Treatment of patients suffering from mild-to-moderate prolonged stress potentially leading to mental and physical exhaustion and decrease in mental clarity			Blue bar		Orange circle						
Treatment of patients presenting with nervous irritability and depressive tendencies		Blue bar			Orange circle						
Supportive treatment of cognitive function, memory loss and poor concentration			Blue circle	Green circle	Orange bar						
Supporting the immune system following stress-related disorders					Orange bar			Yellow circle			
Stress conditions accompanied by symptoms from the gastrointestinal (GI) tract: cramps, Irritable Bowel Syndrome (IBS)	Dark blue bar										
Central obesity due to stress-related overeating							Orange bar				
Functional dizziness (former somatoform or psychogenic dizziness) incl. phobic postural vertigo, chronic subjective dizziness and persistent postural-perceptual dizziness				Green bar							
PASC (post-acute sequelae of COVID-19)/ Long COVID: cognitive dysfunction, "brain fog"			Blue circle		Orange bar						
PASC (post-acute sequelae of COVID-19)/ Long COVID with anxiety/depression	Dark blue bar	Blue circle			Orange circle						

Products and Indications

Product	Indications
Neurexan®	<ul style="list-style-type: none"> – Nervous restlessness and sleep disturbances
Nervoheel®	<ul style="list-style-type: none"> – General exhaustion with nervous complaints
Tonico-injeel®	<ul style="list-style-type: none"> – States of exhaustion of physical as well as psychic nature
Vertigoheel®	<ul style="list-style-type: none"> – Functional dizziness – Chronic subjective dizziness – Persistent postural-perceptual dizziness
Cerebrum compositum	<ul style="list-style-type: none"> – Support in functional and degenerative disorders of the CNS (Central Nervous System)
Echinacea compositum	<ul style="list-style-type: none"> – Immunostimulation – Symptomatic relief in acute infections (especially bacterial)
Hepar compositum®	<ul style="list-style-type: none"> – Improves metabolic function of liver – Supports detoxification
Engystol®	<ul style="list-style-type: none"> – Activation of the non-specific immune system, – Influenza-like illnesses – Viral infections
Spascupreel®	<ul style="list-style-type: none"> – Abdominal cramps – Irritable bowel syndrome (IBS)
Tonsilla compositum	<ul style="list-style-type: none"> – Upper Respiratory Tract Infections (URTIs) – Recurrent infections – Synergistic support for the immune system
Coenzyme compositum	<ul style="list-style-type: none"> – Stimulation of blocked intracellular respiratory enzymatic systems



STRESS AND SLEEP



Neurexan[®]

YOUR WAY TO CALM

- Relaxing effect in stressful situations during the day for a better sleep at night
- Fast onset of action within 40-60 minutes
- Non addictive
- No sedative effects
- No concentration impairment
- No daytime fatigue
- Very well tolerated



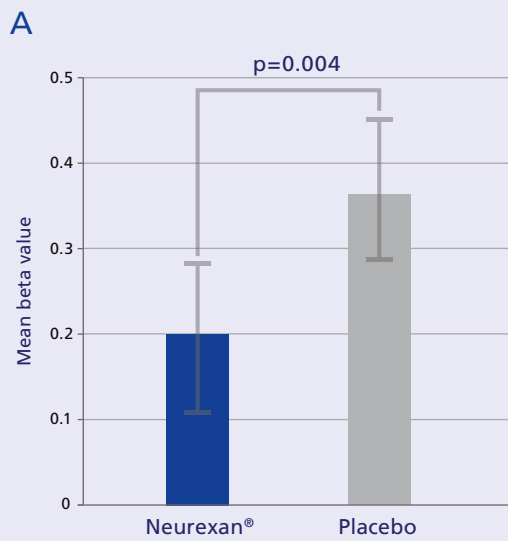
Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0-2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Drops		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years		7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2-5 years 		5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children 0-2 years		3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

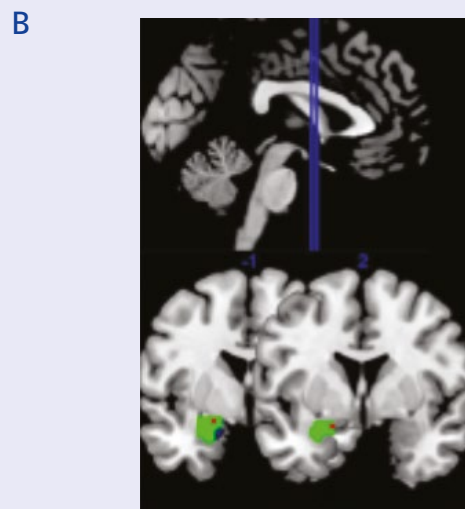


Clinical Evidence

Neurexan® significantly reduces amygdala activation after negative emotional stimuli



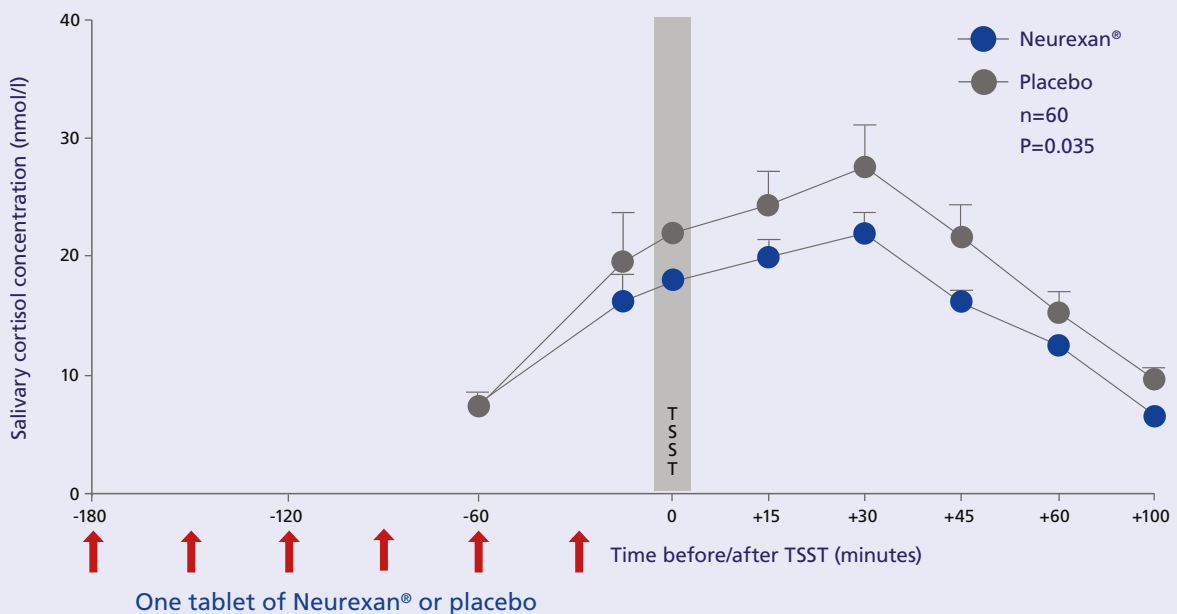
Differential activation in the left amygdala in the contrast negative faces versus forms in the Neurexan® group compared to placebo on the bar diagram of mean beta values (±SE).



A follow-up amygdala-seeded (ROI; in green) voxel-wise analysis; cortico-median location of the amygdala (in red); centrocortical amygdala cluster (in blue).

Adapted from Hermann et al. 2020¹.

Neurexan® significantly reduces salivary cortisol levels after stress test

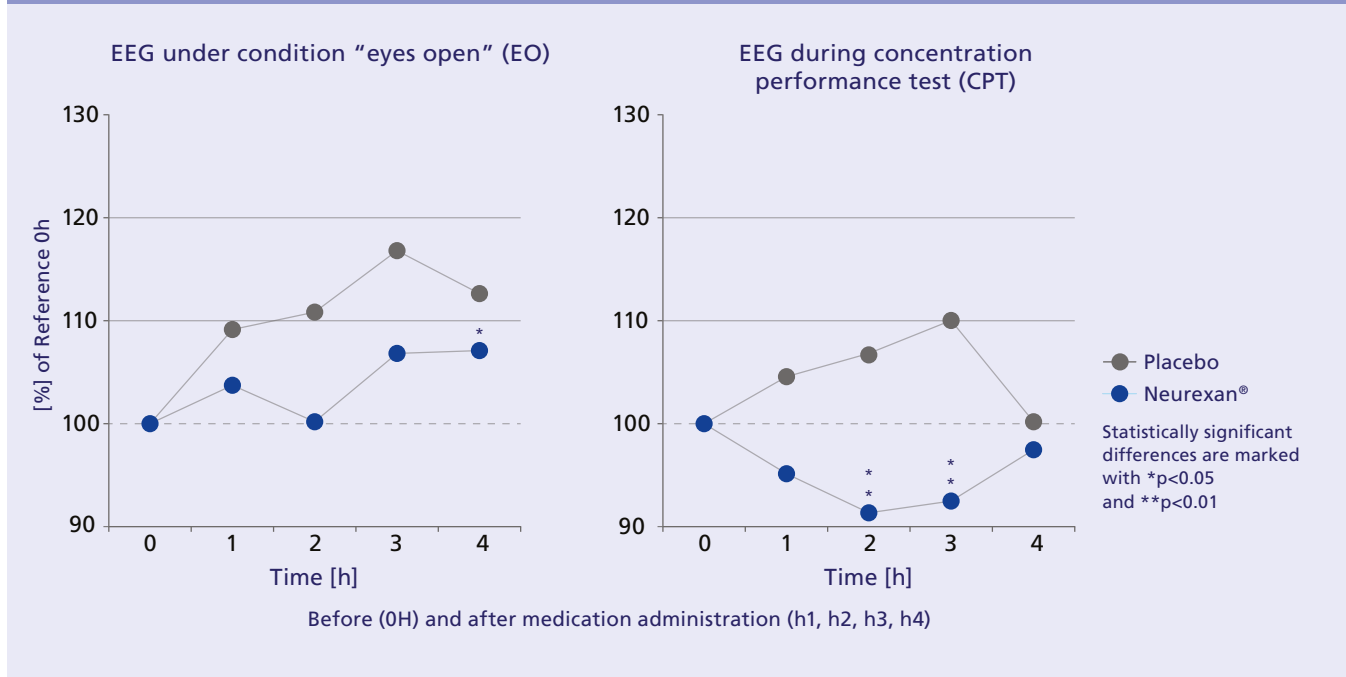


TSST – Trier Social Stress Test, Adapted from Doering et al. 2016².



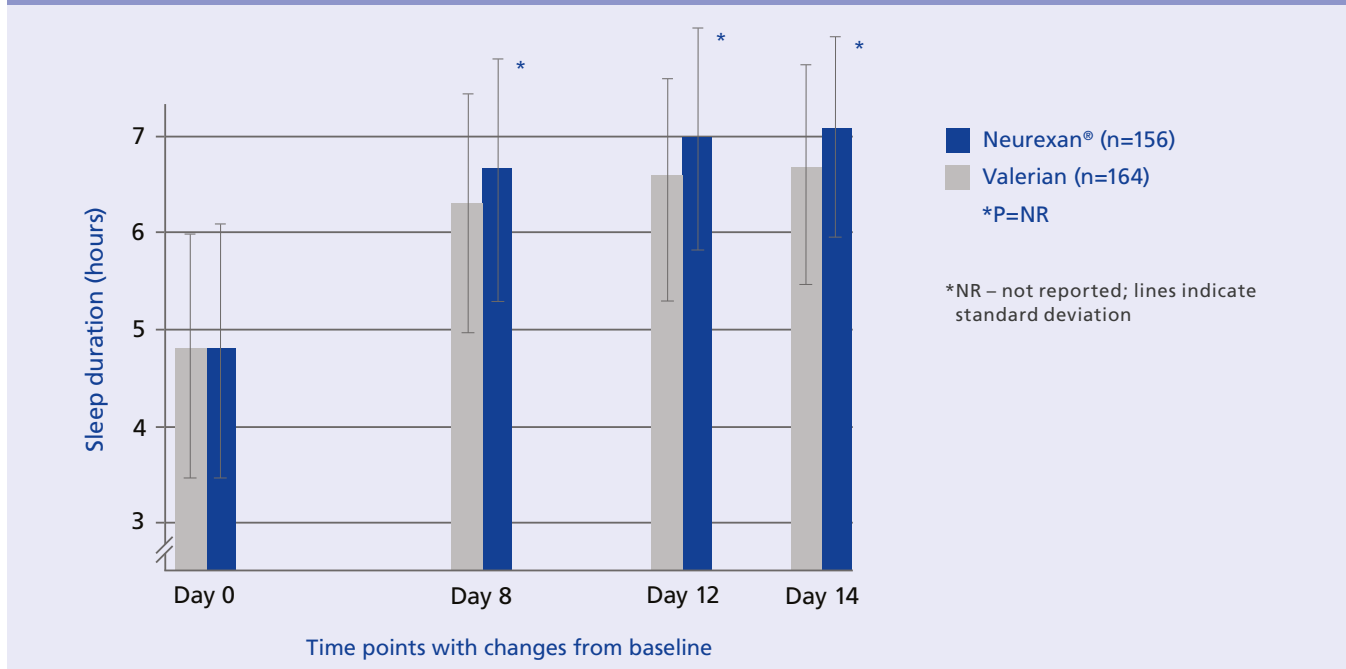
Clinical Evidence

Neurexan® demonstrated biological effects in the brain as evidenced by EEG changes, achieving significant reduction in stress-induced anxiety and reducing performance-related stress



Adapted from Dimpfel 2019³.

Neurexan® significantly improved sleep duration and sleep latency

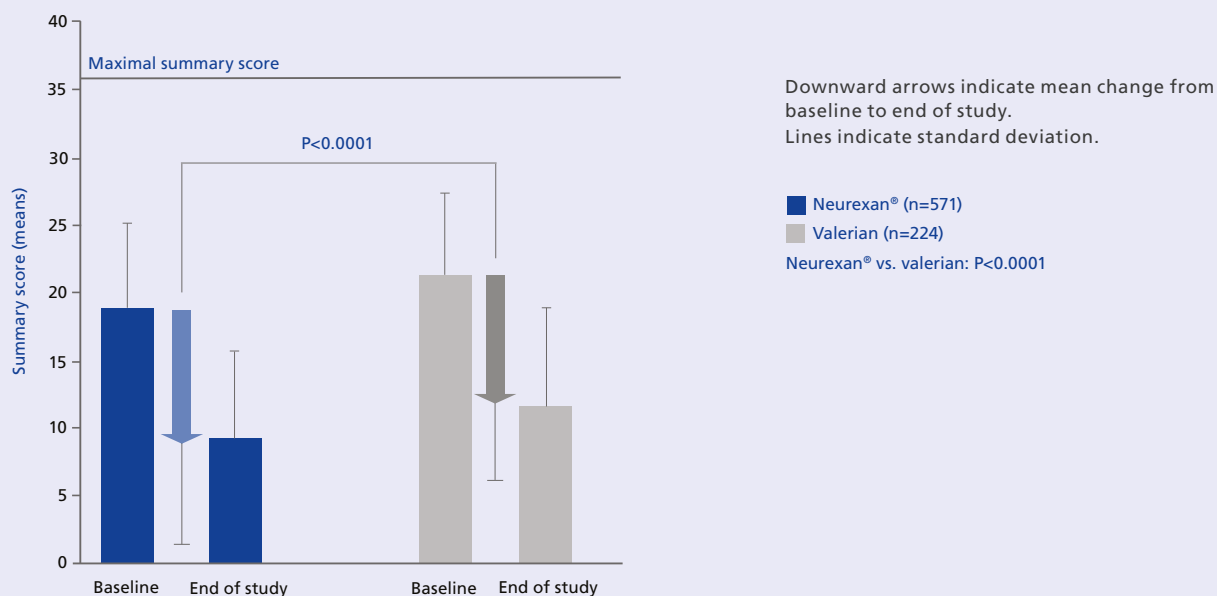


Adapted from Waldschütz et al. 2008⁴.

STRESS AND SLEEP

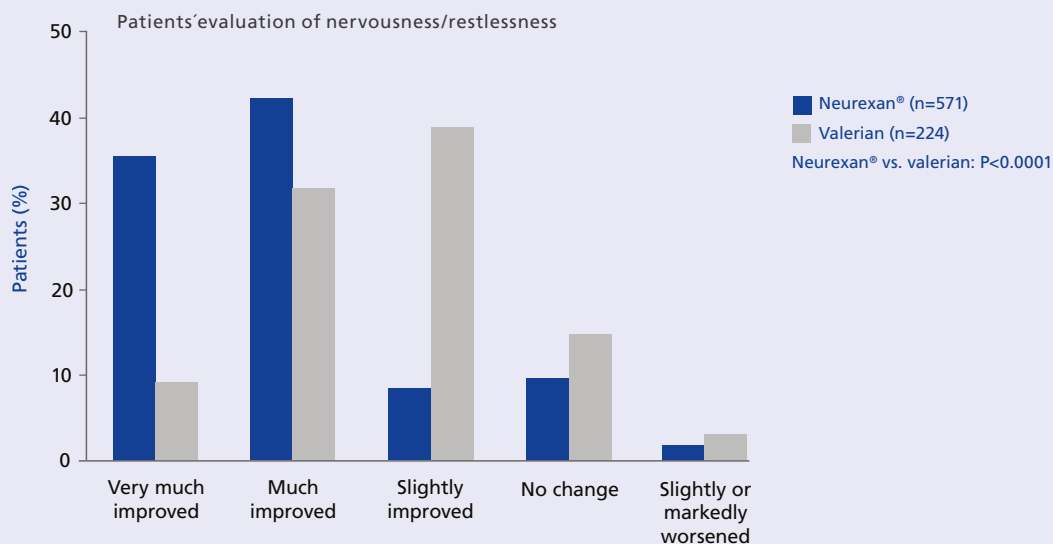


Neurexan® significantly reduced symptoms of nervousness/restlessness



Adapted from Hübner et al. 2009⁵.

Neurexan® significantly reduced the patient-perceived global state of nervousness/restlessness; this effect was significantly better than that of valerian



Adapted from Hübner et al. 2009⁵.

References

- Herrmann L, Vicheva P, Kasties V, et al. fMRI Revealed Reduced Amygdala Activation after Nx4 in Mildly to Moderately Stressed Healthy Volunteers in a Randomized, Placebo-Controlled, Cross-Over Trial. *Sci Rep.* 2020;10(1):1-14. doi:10.1038/s41598-020-60392-w.
- Doering BK, Wegner A, Hadamitzky M, Engler H, Rief W, Schedlowski M. Effects of Neurexan® in an experimental acute stress setting - An explorative double-blind study in healthy volunteers. *Life Sci.* 2016;146:139-147. doi:10.1016/j.lfs.2015.12.058.
- Dimpfel W. Effects of Neurexan® on Stress-Induced Changes of Spectral EEG Power: A Double-Blind, Randomized, Placebo-Controlled, Crossover Exploratory Trial in Human Volunteers. *World J Neurosci.* 2019;09(03):100-112. doi:10.4236/wjns.2019.93007.
- Waldschütz R, Klein P. The homeopathic preparation Neurexan® vs. valerian for the treatment of insomnia: An observational study. *ScientificWorldJournal.* 2008;8:411-420. doi:10.1100/tsw.2008.61.
- Hübner R, Van Haselen R, Klein P. Effectiveness of the homeopathic preparation Neurexan® compared with that of commonly used valerian-based preparations for the treatment of nervousness/restlessness - An observational study. *ScientificWorldJournal.* 2009;9:733-745. doi:10.1100/tsw.2009.95.

STRESS AND SLEEP

Nervoheel®

EFFECTIVE TREATMENT FOR EMOTIONAL DISTRESS AND IN ANXIOUS STATES

- Non addictive
- Non sedative
- Good safety profile and tolerability



Tablets

Adults
(and children 12 years and older)

+ 12

Children
6-11 years

Children
2-5 years

Children
0-2 years



Acute or initial dosage

1 tablet every 1/2-1 hour,
Up to 12x daily

1 tablet every 1-2 hours,
Up to 8x daily

1 tablet every 1-2 hours,
Up to 6x daily

1 tablet every 1-2 hours,
Up to 4x daily

Standard dosage

1 tablet
3x daily

1 tablet
2x daily

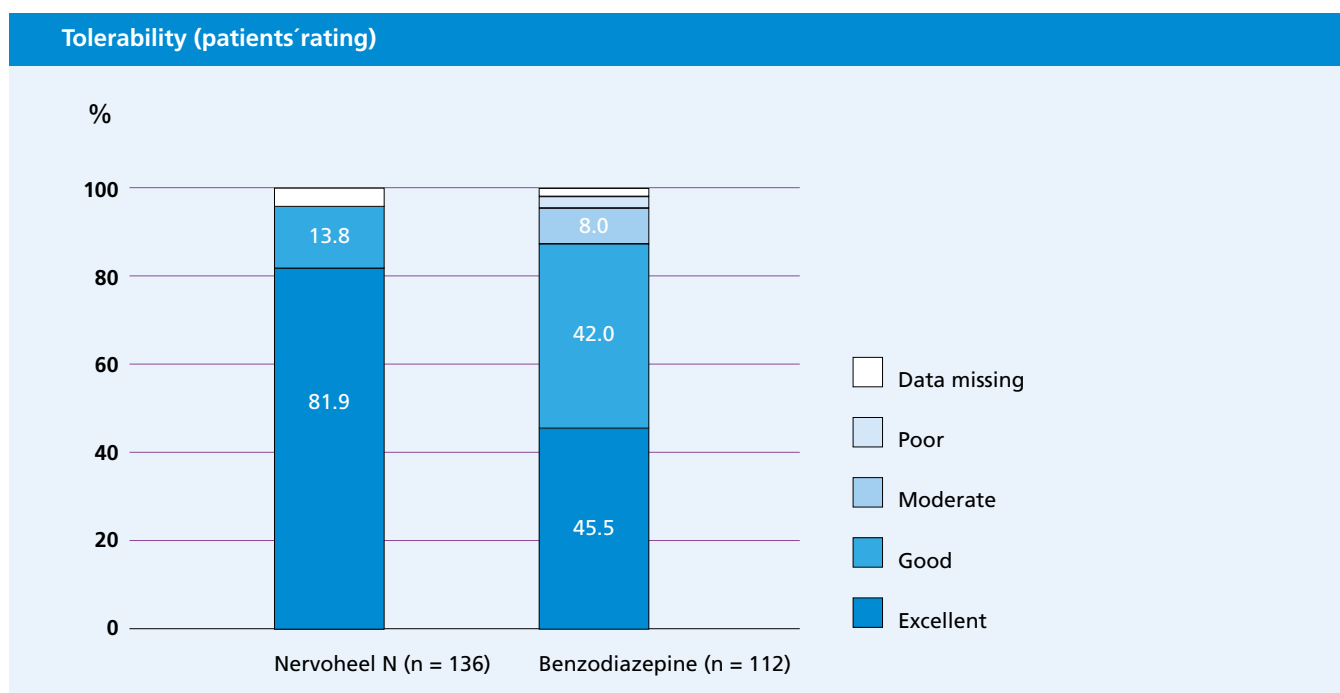
1 tablet
1-2x daily

1 tablet
1x daily

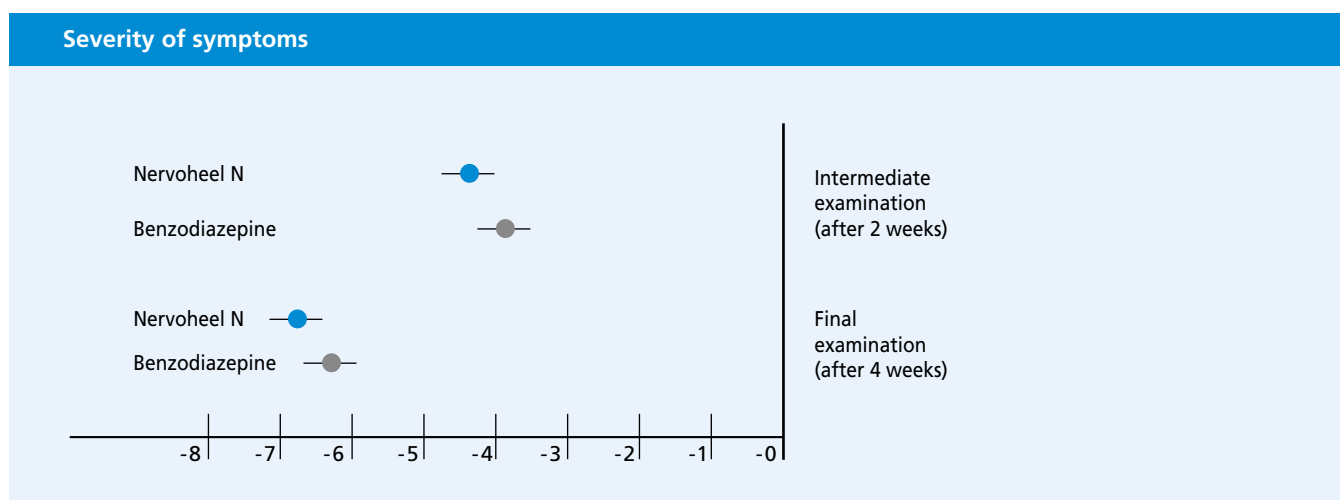


Clinical Evidence

Tolerability and efficacy of Nervoheel N was investigated in an open-label, prospective non-randomized cohort study involving 248 patients with insomnia, distress, anxiety, restlessness or burnout syndrome, and similar nervous conditions.⁶



Nervoheel N can offer an alternative to benzodiazepine in the therapy of mild nervous disorders. The Nervoheel N group reported significant symptomatic improvements of similar magnitude as the benzodiazepine group. 36,4% more patients rated their treatment tolerability as "excellent" with Nervoheel N than with benzodiazepine.

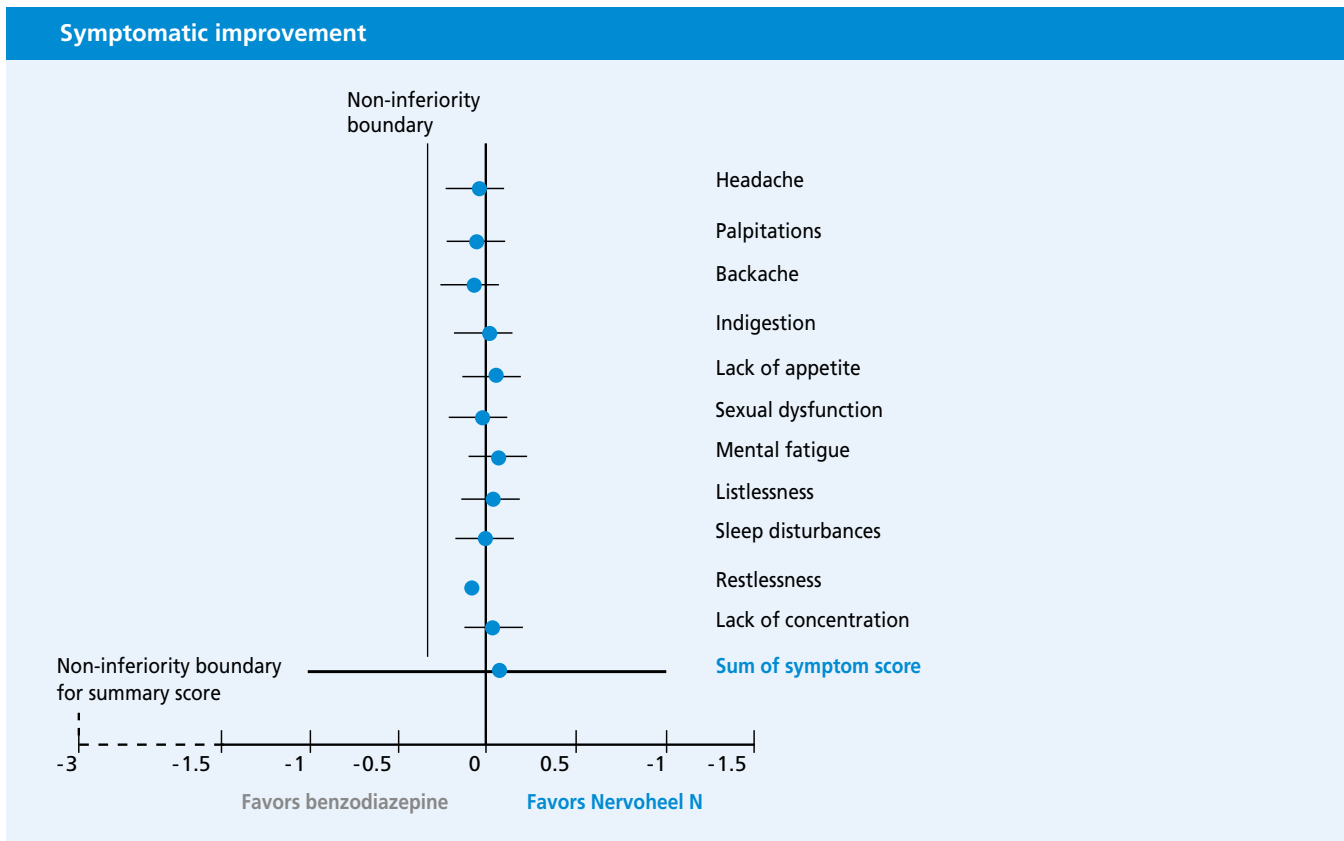


Reference

6) Van den Meerschaut L, Sünder A. The Homeopathic Preparation Nervoheel N Can Offer an Alternative to Lorazepam Therapy for Mild Nervous Disorders. Evidence-based Complementary and Alternative Medicine. eCAM Advance Access published online on October 25, 2007, doi:10.1093/ecam/nem144



Clinical Evidence



Reference

6) Van den Meerschaut L, Sünder A. The Homeopathic Preparation Nervoheel N Can Offer an Alternative to Lorazepam Therapy for Mild Nervous Disorders. Evidence-based Complementary and Alternative Medicine. eCAM Advance Access published online on October 25, 2007, doi:10.1093/ecam/nem144




STRESS AND SLEEP

Tonico-Injeel®

TREATMENT OF PHYSICAL AND MENTAL EXHAUSTION FOLLOWING PROLONGED STRESS

- States of exhaustion of physical as well as psychic nature.
- Mental development deficiencies among children



 Injection solution	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

STRESS AND SLEEP

Vertigoheel®

FOR THE TREATMENT OF VERTIGO/DIZZINESS OF VARIOUS ORIGINS, AND THE IMPROVEMENT OF MILD COGNITIVE IMPAIRMENT (MCI) SUCH AS LACK OF CONCENTRATION AND FORGETFULNESS.

- Functional dizziness incl. phobic postural vertigo
- Chronic subjective dizziness and persistent postural-perceptual dizziness
- Supportive treatment of cognitive function, memory loss and poor concentration



Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	+ 12	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0-2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

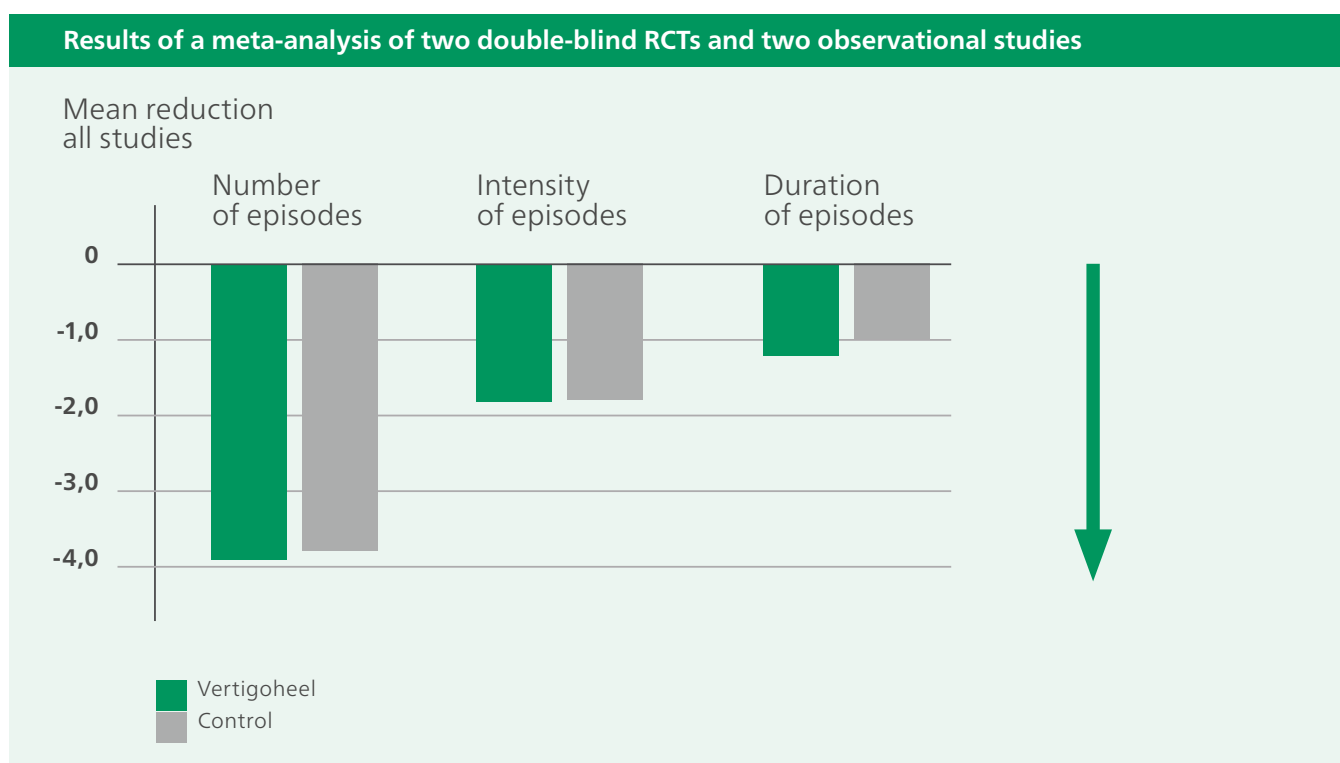
Drops		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	+ 12	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years		7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2-5 years		5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children 0-2 years		3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	+ 12	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly



Clinical Evidence

Vertigoheel is as effective as common vertigo therapies* in reducing the number, intensity, and duration of vertigo episodes of various origins⁷



* Usual therapies for vertigo: betahistine, Ginkgo biloba, dimenhydrinate

Reference

7) Schneider B, Klein P, Weiser M. Treatment of vertigo with a homeopathic complex remedy compared with usual treatments: a meta-analysis of clinical trials. *Arzneim-Forsch/Drug Res* 2005;55(1):23-29.




STRESS AND SLEEP




Cerebrum compositum

SUPPORTIVE TREATMENT OF COGNITIVE FUNCTION

— Support in functional and degenerative disorders of the CNS (Central Nervous System)



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0-2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly



STRESS AND SLEEP



Echinacea compositum

STRENGTHEN THE IMMUNITY IN TIMES OF INFECTION

- Immunostimulation
- Symptomatic relief in acute infections (especially bacterial)



Tablets		Acute or initial dosage	Standard dosage
 <p>Adults (and children 12 years and older) + 12</p>		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
<p>Children 6-11 years</p>		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
<p>Children 2-5 years</p> 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
<p>Children below 2 years</p>		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Injection solution		Acute or initial dosage	Standard dosage
 <p>Adults (and children 12 years and older) + 12</p>		1 ampoule daily	1 ampoule 1-3x weekly
<p>Children 6-11 years</p> 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
<p>Children 2-5 years</p>		1/2 ampoule daily	1/2 ampoule 1-3x weekly

STRESS AND SLEEP

Hepar compositum®

MULTITARGET LIVER SUPPORT

- Improves metabolic function of liver
- Supports detoxification



Injection solution

Adults
(and children 12 years and older)

+ 12

Children
6-11 years



Children
2-5 years

Acute or initial dosage

1 ampoule daily

2/3 ampoule daily

1/2 ampoule daily

Standard dosage

1 ampoule
1-3x weekly

2/3 ampoule
1-3x weekly

1/2 ampoule
1-3x weekly

STRESS AND SLEEP

Engystol®



**GIVES YOUR PATIENT’S IMMUNE SYSTEM
A NATURAL BOOST TO FIGHT OFF**


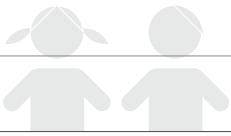
- Common colds
- Flu-like illnesses
- Mild viral infections

**STRENGTHENS AND SUPPORTS THE BODY’S
OWN IMMUNE SYSTEM DURING VIRAL
INFECTION, RESULTING IN:**

- Delayed onset of cold and flu-like illness
- Milder symptoms
- Shorter recovery time



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	+ 12	1 tablet every 1/2-1 hour, up to 12x daily, then continue with standard dosage	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, up to 8x daily, and then continue with standard dosage	1 tablet 2x daily
Children 2-5 years		1 tablet every 1-2 hours, up to 6x daily, and then continue with standard dosage	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, up to 4x daily, and then continue with standard dosage	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	+ 12	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly




STRESS AND SLEEP




Spascupreel®



SOOTHES YOUR GI CRAMPS

- Spasmodic cramps
- Spasmodic conditions of the abdomen and urogenital tract



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0-2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly

 Suppositories		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 Suppository every 2 hrs. up to 6x daily	1 Suppository 3x daily
Children 6-11 years		1 Suppository every 2 hrs. up to 4x daily	1 Suppository 2x daily


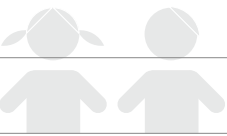
STRESS AND SLEEP


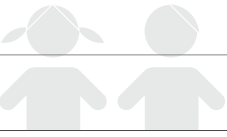
Tonsilla compositum

COMPREHENSIVE SUPPORT FOR A WORN OUT IMMUNE SYSTEM

- Recurrent infections
- Stress-related colds
- Synergistic support for the immune system



 Drops Adults (and children 12 years and older)	+ 12		Acute or initial dosage	Standard dosage
	Children 6-11 years			10 drops every 1/2-1 hour, Up to 12x daily
Children 2-5 years			7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children below 2 years			5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
			3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

 Injection solution Adults (and children 12 years and older)	+ 12		Acute or initial dosage	Standard dosage
	Children 6-11 years			see Standard dosage
Children 2-5 years			see Standard dosage	2/3 ampoule 1-3x weekly
			see Standard dosage	1/2 ampoule 1-3x weekly




STRESS AND SLEEP




Coenzyme compositum

SUPPORT OF THE INTRACELLULAR RESPIRATORY CHAIN

- Stimulation of blocked intracellular respiratory enzymatic system



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0-2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly

Product information in alphabetical order

Cerebrum compositum

Cerebrum compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 tablet (301.5 mg) contains: Active ingredients: Acidum phosphoricum D10 1 mg, Aconitum napellus D6 1 mg, Aesculus hippocastanum D4 1 mg, Anamirta cocculus D4 1 mg, Arnica montana D28 1 mg, Cerebrum suis D8 1 mg, Cinchona pubescens D4 1 mg, Conium maculatum D12 1 mg, Embryo totalis suis D10 1 mg, Gelsemium sempervirens D6 1 mg, Hepar suis D10 1 mg, Hyoscyamus niger D6 1 mg, Kalium bichromicum D8 1 mg, Kalium phosphoricum D6 1 mg, Magnesium phosphoricum D10 1 mg, Placenta totalis suis D10 1 mg, Ruta graveolens D4 1 mg, Selenium D10 1 mg, Semecarpus anacardium D6 1 mg, Strychnos ignatii D8 1 mg, Sulfur D10 1 mg, Thuja occidentalis D6 1 mg. Excipients: Lactose monohydrate 298.0 mg, Magnesium stearate 1.5 mg. **Injection solution:** 1 ampoule (2.2 g) contains: Active ingredients: Acidum phosphoricum D10 22.0 mg, Aconitum napellus D6 22.0 mg, Aesculus hippocastanum D4 22.0 mg, Ambra grisea D10 22.0 mg, Anamirta cocculus D4 22.0 mg, Arnica montana D28 22.0 mg, Cerebrum suis D8 22.0 mg, Cinchona pubescens D4 22.0 mg, Conium maculatum D4 22.0 mg, Embryo totalis suis D10 22.0 mg, Gelsemium sempervirens D4 22.0 mg, Hepar suis D10 22.0 mg, Hyoscyamus niger D6 22.0 mg, Kalium bichromicum D8 22.0 mg, Kalium phosphoricum D6 22.0 mg, Magnesium phosphoricum D10 22.0 mg, Manganum phosphoricum D8 22.0 mg, Placenta totalis suis D10 22.0 mg, Ruta graveolens D4 22.0 mg, Selenium D10 22.0 mg, Semecarpus anacardium D6 22.0 mg, Strychnos ignatii D8 22.0 mg, Sulfur D10 22.0 mg, Thuja occidentalis D6 22.0 mg. Excipients: Sodium chloride 19.2 mg, water for injections 1672.0 mg.

Indications: Tablets, injection solution: Support in functional and degenerative disorders of the CNS (Central Nervous System).

Contraindications: Tablets, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None. w

Side effects: Tablets: None have been reported. **Injection solution:** Allergic (hypersensitivity) reactions (e.g. respiratory distress) may occur in very rare cases (i.e. affects less than 1 in 10,000 users).

Interactions with other medication: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage.

Method of administration: Cerebrum comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (44180): Packs containing 50 and 250 tablets.

Injection solution (9475): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

Coenzyme compositum

Coenzyme compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 tablet = 301.5 mg containing: Active ingredients: Acidum cis-aconiticum D8 1.0 mg, Acidum ascorbicum D6 1.0 mg, Acidum citricum D8 1.0 mg, Acidum fumaricum D8 1.0 mg, Acidum alpha-ketoglutaricum D8 1.0 mg, Acidum malicum D8 1.0 mg, Acidum succinicum D8 1.0 mg, Adenosinum triphosphoricum D10 1.0 mg, Beta vulgaris rubra D6 1.0 mg, Coenzym A D8 1.0 mg, Cysteinum D6 1.0 mg, Nadidum D8 1.0 mg, Natrium pyruvicum D8 1.0 mg, Natrium riboflavinum phosphoricum D6 1.0 mg, Nicotinamidum D6 1.0 mg, Pulsatilla pratensis D6 1.0 mg, Pyridoxinum hydrochloricum D6 1.0 mg, Sulfur D10 1.0 mg, Thiaminum hydrochloricum D6 1.0 mg, Acidum thiocticum D6 1.0 mg, Barium oxalsuccinicum D10 1.0 mg, Cerium oxalicum D8 1.0 mg, Hepar sulfuris D10 1.0 mg, Magnesium oroticum dihydricum D6 1.0 mg, Manganum phosphoricum D6 1.0 mg, Natrium diethyloxalacetikum D6 1.0 mg. Excipients: Lactose monohydrate 293.0 mg, Magnesium stearate 1.5 mg. **Injection solution:** 2.2 g containing: Acidum ascorbicum D6 22.0 mg, Acidum alpha-ketoglutaricum D8 22.0 mg, Acidum cis-aconiticum D8 22.0 mg, Acidum citricum D8 22.0 mg, Acidum fumaricum D8 22.0 mg, Acidum malicum D8 22.0 mg, Acidum succinicum D8 22.0 mg, Adenosinum triphosphoricum D10 22.0 mg, Barium oxalsuccinicum D10 22.0 mg, Beta vulgaris rubra D4 22.0 mg, Coenzym A D8 22.0 mg, Cysteinum D6 22.0 mg, Hepar sulfuris D10 22.0 mg, Nadidum D8 22.0 mg, Natrium pyruvicum D8 22.0 mg, Natrium riboflavinum phosphoricum D6 22.0 mg, Nicotinamidum D6 22.0 mg, Pulsatilla pratensis D6 22.0 mg, Pyridoxinum hydrochloricum D6 22.0 mg, Sulfur D10 22.0 mg, Thiaminum hydrochloricum D6 22.0 mg, Acidum thiocticum D6 22.0 mg, Cerium oxalicum D8 22.0 mg, Magnesium oroticum dihydricum D6 22.0 mg, Manganum phosphoricum D6 22.0 mg, Natrium diethyloxalacetikum D6 22.0 mg. Excipients: Sodium chloride 19.4 mg, water for injections 1628.0 mg.

Indications: Tablets, injection solution: Stimulation of blocked intracellular respiratory enzymatic systems in degenerative diseases.

Contraindications: Tablets, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets: None have been reported. **Injection solution:** Allergic (hypersensitivity) reactions (e.g. skin allergies, redness/swelling at the injection site) may occur in very rare cases (i.e. affects less than 1 in 10,000 users).

Interactions with other medication: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. Method of Administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage.

Method of Administration: Coenzyme comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (41946): Packs containing 50 and 250 tablets.

Injection solution (8511): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

Echinacea compositum

Echinacea compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 Tablet contains: Active ingredients: Bryonia D4 0.3 mg, Echinacea D2 0.9 mg, Lachesis D10 0.3 mg, Matricaria recutita D6 0.3 mg, Phytolacca americana D4 0.3 mg, Rhus toxicodendron D4 0.3 mg, Thuja occidentalis D4 0.3 mg, Hepar sulfuris D8 0.3 mg. Excipients: Lactose monohydrate 299.7 mg, Magnesium stearate 1.5 mg. Contains lactose!

Injection solution: 1 ampoule = 2.2 g contains: Active ingredients: Acidum arsenicosum D8 22.0 mg, Aconitum napellus D3 22.0 mg, Argentum nitricum D8 22.0 mg, Arnica montana D4 22.0 mg, Baptisia tinctoria D4 22.0 mg, Bryonia D6 22.0 mg, Cortisonum aceticum D13 22.0 mg, Echinacea D5 22.0 mg, Eupatorium perfoliatum D6 22.0 mg, Euphorbium D6 22.0 mg, Gelsemium sempervirens D6 22.0 mg, Hepar sulfuris D10 22.0 mg, Hydrargyrum bichloratum D8 22.0 mg, Lachesis D10 22.0 mg, Phosphorus D8 22.0 mg, Phytolacca americana D6 22.0 mg, Pulsatilla pratensis D8 22.0 mg, Rhus toxicodendron D4 22.0 mg, Sanguinaria canadensis D5 22.0 mg, Sulfur D8 22.0 mg, Thuja occidentalis D8 22.0 mg, Zincum metallicum D10 22.0 mg. Excipients: Sodium chloride 18.5 – 19.7 mg, Water for injections 1.716,0 mg.

Indications: Tablets, Injection solution: Stimulation of the body's intrinsic defense system in cases of inflammations and infections of all tissues and organs.

Contraindications: Tablets, Injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets, Injection solution: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Tablets, Injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, Injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, Injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard Dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs.: up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Method of administration:** Echinacea comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, Injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9820): Packs containing 50 and 250 tablets.

Injection solution (52729): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml.



Engystol®

Summary of Product Characteristics

Tablets • Injection solution

Compositions: **Tablets:** 1 tabl. contains: Active ingredients: Sulfur D4 37.5 mg, Sulfur D10 37.5 mg, Vincetoxicum hirundinaria D6 75.0 mg, Vincetoxicum hirundinaria D10 75.0 mg, Vincetoxicum hirundinaria D30 75.0 mg. Excipients: Magnesium stearate 1.5 mg.

Contains lactose!

Injection solution: 1 ampoule of 1.1 ml (=1.1 g) contains: Active ingredients: Sulfur D4 3.30 mg, Sulfur D10 3.30 mg, Vincetoxicum hirundinaria D6 6.60 mg, Vincetoxicum hirundinaria D10 6.60 mg, Vincetoxicum hirundinaria D30 6.60 mg. Excipients: Sodium chloride 8.78 mg, Water for injections 1.073.60 mg.

Indications: Tablets, injection solution: To reduce severity and duration of symptoms in viral infections, particularly in colds and influenza-like illnesses by supporting the immune system during or in upcoming flu season.

Contraindications: Tablets, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions (eg. rash, pruritus or erythema) and gastrointestinal complaints (eg. abdominal pain or discomfort) have been reported. **Injection solution:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient reactions (e.g. skin allergies, redness/swelling at the injection site) have been reported.

Interaction with other medicaments: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Injection solution may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9830): Packs containing 50 and 250 tablets.

Injection solution (8546): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml.

Hepar compositum®

Hepar compositum® Summary of Product Characteristics

Injection solution

Compositions: 1 ampoule (2.2 g) contains: Active ingredients: Acidum alpha-ketoglutaricum D10 22.0 mg, Acidum fumaricum D10 22.0 mg, Acidum malicum D10 22.0 mg, Acidum oroticum monohydricum D6 22.0 mg, Acidum thiocticum D8 22.0 mg, Avena sativa D6 22.0 mg, Calcium carbonicum Hahnemanni D28 22.0 mg, Chelidonium majus D5 22.0 mg, Cinchona pubescens D4 22.0 mg, Colon suis D10 22.0 mg, Cyanocobalaminum D4 22.0 mg, Cynara scolymus D6 22.0 mg, Duodenum suis D10 22.0 mg, Hepar suis D8 22.0 mg, Histaminum D10 22.0 mg, Lycopodium clavatum D4 22.0 mg, Natrium diethyloxalaceticum D10 22.0 mg, Pankreas suis D10 22.0 mg, Silybum marianum D3 22.0 mg, Sulfur D13 22.0 mg, Taraxacum officinale D4 22.0 mg, Thymus suis D10 22.0 mg, Veratrum album D4 22.0 mg, Vesica fellea suis D10 22.0 mg. Excipients: Sodium chloride 19.5 mg, water for injections 1672 mg.

Indications: Supportive treatment for disorders of the liver, gallbladder and digestive system.

Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: None.

Side effects: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: No interactions have been reported, and none are expected due to the homeopathic dilutions. **Pregnancy and lactation:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Unless otherwise prescribed: **Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Hepar comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Injection solution (52324): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

Nervoheel®

Nervoheel®

Summary of Product Characteristics

Tablets • Oral drops

Compositions: **Tablets:** 1 tablet = 301.5 mg containing: Active ingredients: Avena sativa D2 0.6 mg, Coffea arabica D12 0.6 mg, Passiflora incarnata D2 0.6 mg, Zincum isovalerianicum D4 0.6 mg. Excipients: Lactose monohydrate 300 mg, Magnesium stearate 1.5 mg. **Oral drops:** 100 g containing: Active ingredients: Avena sativa D2 0.06 g, Coffea arabica D12 0.06 g, Passiflora incarnata D2 0.06 g, Zincum isovalerianicum D4 0.06 g. Excipients: Ethanol 96% (V/V) 31.34 g; water, purified 68.42 g.

Indications: **Tablets, oral drops:** Nervous restlessness and sleep disturbances.

Contraindications: **Tablets, oral drops:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Oral drops:** This medicinal product contains 36 vol.-% ethanol (alcohol).

Side effects: **Tablets:** Allergic (hypersensitivity) skin reactions may occur in very rare cases (i.e. affects less than 1 in 10,000 users). Due to the homeopathic nature of Nervoheel® tablets a temporary worsening in symptoms (initial aggravation) is possible but harmless.

Oral drops: Due to the homeopathic nature of Nervoheel® drops a temporary worsening in symptoms (initial aggravation) is possible but harmless.

Interactions with other medication: **Tablets, oral drops:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Tablets, oral drops:** For this product, no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Tablets, oral drops:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Tablets:** **Standard dosage:** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage.

Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children, it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Oral drops:** **Standard dosage:** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage.

Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water.

Overdose: **Tablets, oral drops:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: **Tablets (9519):** Packs containing 50, 100 and 250 tablets. **Oral drops (9880):** Packs containing 30 ml and 100 ml.



Neurexan®

Summary of Product Characteristics

Tablets • Oral drops

Compositions: Tablets: 1 tablet contains: Active ingredients: Avena sativa D2 0.6 mg, Coffea arabica D12 0.6 mg, Passiflora incarnata D2 0.6 mg, Zincum isovalerianicum D4 0.6 mg. Excipients: Lactose monohydrate 300 mg, Magnesium stearate 1.5 mg. Contains lactose.

Oral drops: 100 g contain: Active ingredients: Avena sativa D2 0.06 g, Coffea arabica D12 0.06 g, Passiflora incarnata D2 0.06 g, Zincum isovalerianicum D4 0.06 g. Excipients: Ethanol 96% (V/V) 31.34 g; water, purified 68.42 g.

Indications: Tablets, oral drops: : Nervous restlessness and sleep disturbances.

Contraindications: Tablets, oral drops: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Oral drops:** This medicinal product contains 36 vol.-% ethanol (alcohol).

Side effects: Tablets: Allergic (hypersensitivity) skin reactions may occur in very rare cases (i.e. affects less than 1 in 10,000 users). Due to the homeopathic nature of Neurexan tablets a temporary worsening in symptoms (initial aggravation) is possible but harmless.

Oral drops: Due to the homeopathic nature of Neurexan drops a temporary worsening in symptoms (initial aggravation) is possible but harmless.

Interactions with other medication: Tablets, oral drops: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, oral drops: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, oral drops: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water.

This medicine should be taken away from meals. **Oral drops: Standard dosage:** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage.

Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water.

Overdose: Tablets, oral drops: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9519): Packs containing 50 and 250 tablets. **Oral drops (9880):** Packs containing 30 ml and 100 ml.

Spascupreel® Summary of Product Characteristics

Tablets • Injection solution • Suppositories

Compositions: **Tablets:** 1 tablet = 301.5 mg containing: Active ingredients: Aconitum napellus D6 60 mg, Amanita muscaria D4 15 mg, Ammonium bromatum Trit. D4 30 mg, Atropinum sulfuricum D6 30 mg, Citrullus colocynthis D4 30 mg, Cuprum sulfuricum D6 15 mg, Gelsemium sempervirens D6 30 mg, Magnesium phosphoricum D6 30 mg, Matricaria recutita D3 15 mg, Passiflora incarnata D2 15 mg, Veratrum album D6 30 mg; Excipients: Magnesium stearate 1.5 mg; contains lactose. **Injection solution:** 1 ampoule (1.1 g) contains: Active ingredients: Aconitum napellus D6 2.20 mg, Amanita muscaria D4 0.55 mg, Ammonium bromatum D4 1.10 mg, Atropinum sulfuricum D6 1.10 mg, Citrullus colocynthis D4 1.10 mg, Cuprum sulfuricum D6 0.55 mg, Gelsemium sempervirens D6 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D3 0.55 mg, Passiflora incarnata D2 0.55 mg, Veratrum album D6 1.10 mg; Excipients: Sodium chloride 10.4 mg, water for injections 1089.0 mg. **Suppositories:** 1 suppository = 2.0 g containing: Active ingredients: Aconitum napellus D5 2.20 mg, Amanita muscaria D3 0.55 mg, Ammonium bromatum D3 1.10 mg, Atropinum sulfuricum D5 1.10 mg, Citrullus colocynthis D3 1.10 mg, Cuprum sulfuricum D5 0.55 mg, Gelsemium sempervirens D5 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D2 0.55 mg, Passiflora incarnata D1 0.55 mg, Veratrum album D5 1.10 mg; Excipients: Hard fat 1989.0 mg. Indications: Tablets, Injection solution, Suppositories: Spasms of the smooth musculature of the gastrointestinal and the urogenital tract.

Contraindications: **Tablets, Injection solution, Suppositories:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution, Suppositories:** None.

Side effects: **Tablets:** Like all medicinal products, homeopathic medicines may cause side effects. In isolated cases transient allergies (e.g. urticaria, pruritus) as well as nausea have been reported. The frequency of these effects is not known. **Injection solution, Suppositories:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

Interactions with other medication: **Tablets, Injection solution, Suppositories:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Tablets, Injection solution, Suppositories:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Tablets, Injection solution, Suppositories:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Tablets:** **Standard dosage:** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Below 2 yrs.: 1 tablet every 1 to 2 hrs. up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

Injection solution: **Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly.

2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. Method of administration: Spascupreel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Suppositories: Standard dosage: Adults (and children 12 yrs. and older): 1 suppository 3x daily. 6–11 yrs.: 1 suppository 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 suppository every 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 suppository every 2 hrs. up to 4x daily, and then continue with standard dosage. Method of administration: Insert suppository into the rectum.

Overdose: **Tablets, Injection solution, Suppositories:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: **Tablets (9749):** Packs containing 50 and 250 tablets.

Injection solution (8558): packs containing 10 and 100 ampoules of 1.1ml each.

Suppositories (9573): packs containing 12 and 60 suppositories of 2.0 g

Tonico-Injeel®

Tonico-Injeel® Summary of Product Characteristics

Injection solution

Compositions: 1 ampoule (1.1 g) contains: Active ingredients: Aurum metallicum D10 1.65 mg, Aurum metallicum D30 1.65 mg, Aurum metallicum D200 1.65 mg, Chamaelirium luteum D10 1.1 mg, Chamaelirium luteum D30 1.1 mg, Chininum arsenicosum D10 1.1 mg, Chininum arsenicosum D30 1.1 mg, Hypericum perforatum D10 1.1 mg, Hypericum perforatum D30 1.1 mg, Kalium phosphoricum D10 2.2 mg, Kalium phosphoricum D30 2.2 mg, Selenium D10 1.1 mg, Selenium D30 1.1 mg, Strychnos nux-vomica D10 2.75 mg, Strychnos nux-vomica D30 2.75 mg. Excipients: Sodium chloride 10.3 mg, water for Injections 1076.35 mg.

Indications: States of physical and mental exhaustion.

Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: None.

Side effects: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Unless otherwise prescribed: **Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Tonico-Injeel, Solution for Injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Injection solution (8560): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

Tonsilla compositum

Tonsilla compositum Summary of Product Characteristics

Oral drops • Injection solution

Compositions: **Oral drops:** 100 g contain: Active ingredients: Acidum ascorbicum D6 3,0 g, Acidum L(+)-lacticum D6 3,0 g, Aesculus hippocastanum D6 3,0 g, Barium carbonicum D28 3,0 g, Calcium phosphoricum D10 3,0 g, Conium maculatum D12 3,0 g, Cortisonum aceticum D13 3,0 g, Dactylopius coccus D6 3,0 g, Echinacea D4 3,0 g, Ferrum phosphoricum D10 3,0 g, Galium aparine D6 3,0 g, Gentiana lutea D6 3,0 g, Geranium robertianum D6 3,0 g, Kalium stibyltartaricum D6 3,0 g, Levothyroxinum D13 3,0 g, Mercurius solubilis Hahnemanni D13 3,0 g, Pulsatilla pratensis D6 3,0 g, Solanum dulcamara D4 3,0 g, Sulfur D8 3,0 g, Cortex glandulae suprarenalis suis D13 3,0 g, Embryo totalis suis D13 3,0 g, Funiculus umbilicalis suis D10 3,0 g, Hepar suis D10 3,0 g, Hypothalamus suis D10 3,0 g, Medulla ossis suis D10 3,0 g, Nodus lymphaticus suis D8 3,0 g, Splen suis D10 3,0 g, Tonsilla suis D28 3,0 g Excipients: Ethanol (96 per cent) 0,3 g, Water, purified 15,7 g. Contains 35 vol.-% alcohol. **Injection solution:** 1 ampoule (2.2 g) contains: Active ingredients: Acidum ascorbicum D6 22.0 mg, Acidum L(+)-lacticum D6 22.0 mg, Aesculus hippocastanum D6 22.0 mg, Barium carbonicum D28 22.0 mg, Calcium phosphoricum D10 22.0 mg, Conium maculatum D4 22.0 mg, Cortex glandulae suprarenalis suis D13 22.0 mg, Cortisonum aceticum D13 22.0 mg, Dactylopius coccus D6 22.0 mg, Echinacea D4 22.0 mg, Embryo totalis suis D13 22.0 mg, Ferrum phosphoricum D10 22.0 mg, Funiculus umbilicalis suis D10 22.0 mg, Galium aparine D6 22.0 mg, Gentiana lutea D6 22.0 mg, Geranium robertianum D6 22.0 mg, Hepar suis D10 22.0 mg, Hypothalamus suis D10 22.0 mg, Kalium stibyltartaricum D6 22.0 mg, Levothyroxinum D13 22.0 mg, Medulla ossis suis D10 22.0 mg, Mercurius solubilis Hahnemanni D13 22.0 mg, Nodus lymphaticus suis D8 22.0 mg, Psorinum Nosode D 28 22.0 mg, Pulsatilla pratensis D6 22.0 mg, Pyrogenium-Nosode D 198 22.0 mg, Solanum dulcamara D4 22.0 mg, Splen suis D10 22.0 mg, Sulfur D8 22.0 mg, Tonsilla suis D28 22.0 mg. Excipients: Sodium chloride 19.2 mg, water for injections 1540 mg.

Indications: **Oral drops, injection solution:** Stimulation of the body defenses including the lymphatic immune system in acute, recurrent and chronic disorders, e.g. tonsillitis, recurrent infections.

Contraindications: **Oral drops, injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Oral drops:** This medicinal product contains 35 vol.-% ethanol (alcohol).

Injection solution: None.

Side effects: **Oral drops, injection solution:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: **Oral drops, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Oral drops, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Oral drops:** This medicine has no or negligible influence on the ability to drive and use machines. **Injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Oral drops:** **Standard dosage:** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage.

Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water.

Injection solution: **Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ¾ of an ampoule 1 to 3x weekly. **Method of administration:** Tonsilla comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: **Oral drops, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: **Oral drops (65636):** Packs containing 30 ml and 100 ml.

Injection solution (8538): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

Vertigoheel®

Vertigoheel®

Summary of Product Characteristics

Tablets • Oral drops • Injection solution

Compositions: Tablets: 11 tablet (301.5 mg) contains: Active ingredients: Ambra grisea D6 30.0 mg, Anamirta cocculus D4 210.0 mg, Conium maculatum D3 30.0 mg, Petroleum rectificatum D8 30.0 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose.

Oral drops: 100 g contain: Ambra grisea D6 10.0 g, Anamirta cocculus D4 70.0 g, Conium maculatum D3 10.0 g, Petroleum rectificatum D8 10.0 g. Excipients: Contains 35 vol.-% alcohol. **Injection solution:** 1 ampoule (1.1 g) contains: Active ingredients: Ambra grisea D5 1.1 mg, Conium maculatum D2 1.1 mg, Petroleum rectificatum D7 1.1 mg, Anamirta cocculus D3 7.7 mg. Excipients: Sodium chloride 6.7 mg, water for injections 1089.0 mg.

Indications: Tablets, oral drops, injection solution: Vertigo/dizziness of various origins; mild cognitive impairment (MCI) such as lack of concentration and forgetfulness.

Contraindications: Tablets, oral drops, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Oral drops:** This medicinal product contains 35 vol.-% ethanol (alcohol). **Injection solution:** None.

Side effects: Tablets, injection solution: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin allergies have been reported. **Oral drops:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Tablets, oral drops, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, oral drops, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. **Oral drops:** This medicinal product has no or negligible influence on the ability to drive and use machines.

Dosage: Tablets: Unless otherwise prescribed: **Standard Dosage:** Adults (and children 12 yrs. and older): 1 tablet 3x daily. In alignment with your doctor or healthcare professional the dosage can be increased up to 3 tablets 3x daily if needed. Pediatric: 2–5 yrs.: 1 tablet 1-2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. **Method of**

Administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Oral drops:** Unless otherwise prescribed:

Standard dosage: Adults (and children 12 yrs. and older): 10 drops 3x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. **Method of administration:** This medicine should be taken away from meals. For children, add drops to a small amount of water. **Injection solution:** Unless otherwise prescribed:

Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. **Method of administration:** Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, oral drops, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9754) Packs containing 50, 100 and 250 tablets. **Oral drops (9809):** Packs containing 30 ml and 100 ml. **Injection solution (8562):** Packs containing 5, 10, 50 and 100 ampoules of 1.1 mg each.

This folder contains helpful health information based on scientific data and is intended for educational purposes only. The information and/or treatment recommendations are not meant as a specific treatment for any individual and should not be construed as a substitute for or a contradiction of professional treatment recommendations by an attending physician or other qualified healthcare professional. Heel is not liable for any damage or loss caused or alleged to be caused, directly or indirectly, based on use of the information provided herein.

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REFERENCE BOOKS

Overview

1. Gastrointestinal Disorders
2. Cough and Cold
3. Musculoskeletal Disorders
4. Stress and Sleep
5. Allergies
6. Women's Health



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