



ASTHMA IN CHILDREN

Asthma in children is often due to a nervousness, which induces spasm, or to an allergy which causes an accumulation of mucus leading to impaired breathing. There are a number of Heel preparations that can accommodate an asthma protocol, and in the case of children, these homeopathic complexes seem more appropriate than conventional drugs as they are mild and chemically non-invasive in bodies that are still forming and growing. The added advantage is that they can be given, when necessary, as a complement to conventional drugs.

The following protocols target asthma in its varied forms. The dosages and frequency are specific for children, but the protocols can also apply to adults simply by increasing the dosage regimen.



GENERAL PROTOCOL FOR CHILDREN WITH BRONCHIAL ASTHMA

TARTEPHEDREEL and **HUSTEEL** are the best over-the-counter (OTC) choices for bronchial asthma.

DROSERA-HOMACCORD can be added as well during the acute phases.

TARTEPHEDREEL: Children 12 years and older: 6 drops b.i.d.

+

DROSERA-HOMACCORD: 6 drops t.i.d.

HUSTEEL and **TARTEPHEDREEL** can be used interchangeably.

TARTEPHEDREEL is indicated when symptoms are more acute and should not be used in children under 12 years old.

For children from 1-11 years old:

Use **DROSERA-HOMACCORD:** 3 drops b.i.d. (or t.i.d. in children over 8 years old).

ASTHMA CHILDREN

ALLERGIC ASTHMA

ENGYSTOL with either **LUFFA COMPOSITUM** or **EUPHORBIVM COMPOSITUM** can be used in such cases.

Although **EUPHORBIVM COMPOSITUM** is classically known for its effectiveness in conditions of the upper respiratory tract, it does target the allergic mechanism. Coupled with **ENGYSTOL** it can be a potent agent in mediating allergies.

For children over 12 years old:

ENGYSTOL: 1 vial daily for the first 5 days in a row if symptoms are acute, then 3x/week for 5 weeks.

ENGYSTOL tablets can also be used as a maintenance protocol at 1 tablet b.i.d. for 3 to 5 weeks.

+

EUPHORBIVM COMPOSITUM: 4 drops b.i.d.

For children under 12:

Use **ENGYSTOL** drinkable vial at the rate of 3 drops b.i.d. (Use a pipette to measure the dosage in drops).



NERVOUS ASTHMA

In children, asthma is commonly of nervous origin, so psychological and behavior evaluation would be helpful tools in the treatment of this condition. In the treatment of the physiological mechanisms of asthma, homeopathy can be effective as most remedies target the emotional patterns of certain conditions and characters.

For children over 12 years old:

IGNATIA-HOMACCORD: 6 drops b.i.d.

+

DROSERA-HOMACCORD: 6 drops b.i.d. Take these remedies together for 2 weeks. At the end of this period, reassessment will establish whether the protocol needs to be continued for another 2 weeks.

For chronic cases, intervals of 2 months “on” and 2 weeks “off” is recommended.

Alternatively, VIBURCOL can be used for nervous asthma: 1 monodose p.r.n.

BRYONIA-INJEEL: is a useful remedy to have on hand for the treatment of dyspnea from different pathologies. **BRYONIA** opens the lungs, reducing spasms and thereby enhancing breathing. It can initially be given in the clinic as an i.v. or s.c. injection when possible, but can be introduced into protocols at the rate of 1 vial 3x/week (for children over 12 use half this dose; for children 1-11 use 3 drops orally of **BRYONIA-INJEEL** b.i.d. or t.i.d. until dyspnea is improved).

