

ANTIHOMOTOXIC REMEDIES

have a WIDE SAFETY MARGIN...

Because antihomotoxic remedies are energy-loaded remedies, they carry little molecular quality. This property facilitates their use in orthodox practice because the physician does not have to worry about antagonistic reactions as with herbals, which rely on blood concentration levels of the plants' active principles to function.

In homotoxicology, the remedies work towards restoring global homeostasis. Because of the nature of antihomotoxic products, the physician can treat the patient's toxic terrain, in some cases even with other medical modalities such as orthodox treatments, chemotherapy, and surgery. Antihomotoxic remedies are composite homeopathic preparations which group

several dilutions in one remedy, permitting the physician to treat organ function, as well as biochemical and metabolic processes simultaneously.

Antihomotoxic remedies activate biological processes that are in tune with the body. By avoiding a chemical accumulation often seen with a combination of drugs leading to toxicity and entropy, treatment possibilities are expanded and the scope of healing is widened.

In their detoxifying capacity, antihomotoxic remedies tend to neutralize toxins, giving them further safety in use. Normal body processes are neutralized, such as the release of the body's combustion products, which are toxins.

PRE- & POST-SURGICAL APPLICATIONS OF ANTIHOMOTOXIC REMEDIES

Because of the great safety of antihomotoxic remedies, many practitioners are now using them to prepare their patients for surgical interventions, to reduce recovery time, and to help the body deal with anesthesia and other toxic components that might be used in orthodox practice. The following provide a few suggestions for pre- and post-surgical applications.

TRAUMEEL is a staple in the practice of homotoxicology. **TRAUMEEL** can be used pre- and post-surgically to minimize edema associated with trauma and with healing, without suppressing the inflammatory process or the associated immune response. In this regard, it usually minimizes bleeding and considerably reduces recovery time of patients. Pre-treatment with **TRAUMEEL** needs only start 5 days before surgery. **GALIUM-HEEL** can be added to the protocol to influence the detoxifying processes of the body.

Post-surgically, **TRAUMEEL** is a bonus remedy as it enhances anti-inflammatory capacities of the body and pain management.

A post-surgical protocol is usually given for 10 days to two weeks. Its aim is to detoxify the patient and help drain toxins. Most practitioners who use this type of protocol use **TRAUMEEL**, **LYMPHOMYOSOT / LYPHOSOT** and **GALIUM-HEEL** to detoxify and eliminate the toxins associated with anesthesia and the inflammatory process.

GENERAL PRE-SURGICAL PROTOCOL:

TRAUMEEL: 1 drinkable ampule daily for 5 days in a row before the scheduled surgery.

POST-SURGICAL PROTOCOL:

1 ampule TRAUMEEL + 1 ampule GALIUM-HEEL + 1 ampule LYMPHOMYOSOT / LYPHOSOT: Orally 3 times per week for 2-3 weeks.

If there is acute and sustained inflammation, prescribe **TRAUMEEL** tablets after the ampules, at the rate of 1 tablet 2-3 times daily for 3 weeks.

PREPARING TO GIVE BIRTH

Prescribing homeopathic remedies in the last stages of pregnancy can actually be comforting to your patients. Women are often nervous about labor, especially when it is their first child; afraid of the pain and of the consequences of pain. A protocol to prepare the body for giving birth is a powerful tool for most mothers-to-be.



FOR PAIN AND FEAR

ACONITUM-INJEEL S: 1 drinkable ampule per day starting 3 days before due date or after water breaks, or on the way to the hospital.

We are privileged to have Dr. Bianchi's protocols for preparing for birth. Dr. Bianchi is a leading expert in the field of clinical homotoxicology, having pioneered its use in conventional practice. Dr. Bianchi runs several clinics in Italy where homotoxicology is a major part of his general practice. The following are protocols that Dr. Bianchi has used in practice for nearly a decade.

TRAUMEEL: For vascular tissue protection → 5-6 tablets daily, for 1-2 weeks before delivery and for 2 weeks after delivery.

UBICHINON+COENZYME / UBICOENZYME: For its activity on vascular structures and related tissues → 15 drops morning and night, for one month before and after delivery.

CIMICIFUGA-HOMACCORD: For the nervous and skeletal systems. It is also an important remedy to prevent and to treat post-partum depression, as well as the spine problems often occurring after delivery → 15 drops twice a day, 2 weeks before delivery and for one month after delivery.

SUGGESTIONS FOR INFANTS

Homotoxicology can be beneficial to infants. Many practitioners don't hesitate to use homeopathic remedies on young children, but infants are often overlooked, often because physicians need specific dosages.

Heel antihomotoxic products are beneficial for newborns.

- Because they are composite preparations, they work gently on the infant's body.
- Because some baby products come in the form of a suppository, which is very convenient for dosage and treatment.

The following protocols cover a few of the most common ailments seen in newborns.

CRADLE CAP

VIOLA TRICOLOR-INJEEL: 2-3 drops once a day for a week, then 2-3 times a week until eruptions completely disappear.

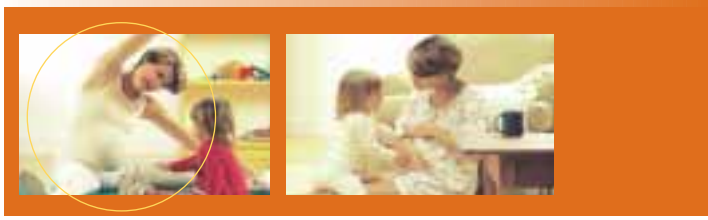
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CALCIUM CARBONICUM-INJEEL: 2-3 drops daily in formula. Give at the same time as **VIOLA TRICOLOR-INJEEL** for the treatment phase, then for maintenance for 8-16 weeks.

or

PSORINOHEEL/SORINOHEEL: 2 drops morning and night for one month.

If the seborrhea is a weeping variety, add **HEPAR SULFURIS INJEEL** at the rate of: 1 drop once a day for 3-5 days in a row then twice a week for 2 weeks.



These are mild protocols with infrequent dosing. The younger the patient, the softer the therapy should be, which means that frequent administration is not necessary. In fact, the above protocol can be given on an “as needed basis,” or the physician can adjust the frequency of administration to the baby’s needs and to the mother’s constitution. For infants, the drinkable saline-based ampules are favored over the alcohol-containing drops.

Tip: Apply remedies directly to the mucous membranes with any plastic pipette. Remedies can also be placed directly in the bottle of the formula. Add the remedies just before serving the baby’s formula and discard leftover formula. Always give remedies in a fresh batch of formula.

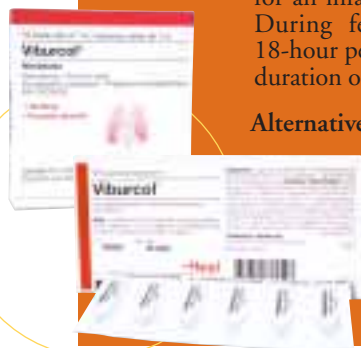
The main remedy here for infants is **VIBURCOL**. Overall, this remedy applies to agitation, and we know agitation in newborns comes from physical discomfort of conditions like colic, fever, or distress of some kind, whether emotional or environmental.

Available as suppositories or saline-based monodoses*, **VIBURCOL** is a must to have in your pediatric kit. Its unique formula combining *Chamomilla*, *Belladonna*, *Dulcamara*, *Plantago*, *Pulsatilla*, and *Calcarea carbonica* is the perfect combination for agitation due to otitis, colic, teething, or insomnia, and the accompanying fever associated with most of these conditions.

VIBURCOL: the recommended dosage for the suppositories: one suppository daily is usually sufficient for an infant, as the remedy is delivered in a fragmented way through the suppository. During fever for example, the suppository can be introduced once during a 18-hour period. Otherwise, for treatment purposes, one suppository 3 times a week. The duration of the protocol will depend on the condition, but can continue for 1 to 3 weeks.

Alternatively: The monodoses* can be given on an as-needed basis (follow age-related dosage on the packaging). The monodoses hold a half milliliter of solution that can be easily squeezed onto the baby’s tongue. You can also instruct parents to squeeze a drop or two onto their finger and introduce it to the inside of the baby’s cheek. For acute conditions, the latter method can be applied every 15 minutes to half an hour until the baby is comfortable.

* Not available in all countries



WHEN COLIC OCCURS IN TRANSIT

When colic only occurs in transit, then it is most likely that your baby is “car sick.” **COCCULUS-HOMACCORD** can remedy this situation in most cases.

CAR SICKNESS

1 drop of **COCCULUS-HOMACCORD** (ampule) 15 minutes to a half hour before leaving. During long trips one drop can be repeated every hour or two. No more than 6 or 7 drops should be given to an infant per day.

An alternative way to administer a car sickness remedy is to put 2 drops of **COCCULUS-HOMACCORD** in 125 ml of baby formula and use this formula *ad lib* on the trip. Unused formula should be discarded after 4-6 hours.

OTITIS

TRAUMEEL quickly relieves the pain and heat from otitis. Traumeel eardrops/Oteel/BHI Pure Eardrops* are easy to administer; just squeeze half the contents of the doser into each ear. Otherwise Traumeel ampules may be used (1-2 drops per ear).

It is recommended to give **VIBURCOL** suppositories or monodoses* at the same time to quell the fever and agitation associated with otitis. Often warning symptoms occur a day or so before onset of otitis, in the form of hot flushed face and agitation. **VIBURCOL** can be given at the first sign of these symptoms.

FOR EXTRA SOOTHING: Traumeel ointment can be applied to the base of the infant’s ear to provide direct pain-killing action, and a soothing anti-inflammatory film. Apply a thin layer of ointment every half hour during the acute phase.

*Not available in all countries

HOMEOPATHIC THERAPY OF GYNECOLOGICAL DISORDERS

Dr. Valérie Reus, Michael Weiser • Reprinted from *Biologische Medizin* • Vol. 28, No. 5, 1999, pp. 233-236

ABSTRACT

This multicentric prospective study systematically investigated usage indications, dosages, therapeutic efficacy, and tolerance of **Hormeel S** (drops). A total of 345 cases of treatment were documented by 41 physicians. The most frequent reasons for prescribing **Hormeel S** were premenstrual syndrome and menopausal symptoms. **Hormeel S** was reliably effective and well tolerated not only in combination with other forms of therapy but also when used alone.

Keywords: **Hormeel S**, menopausal symptoms, premenstrual syndrome.

INTRODUCTION

Hormonal dysfunctions are among the most frequent ailments of women of reproductive age. Premenstrual syndrome is most prominent in women in their twenties or older, while dysmenorrhea is observed primarily in very young women⁹. Delayed or skipped ovulation due to hormonal disturbances is also one of the most frequent causes of infertility in couples who have been attempting to conceive for years⁷. The menstrual cycle, however, is not exclusively hormonally regulated but is also linked to complex CNS functions. Therefore, menstrual disorders can also be either triggered or masked by psychological factors⁹.

Because of the possibility of undesirable side effects, hormone substitution is not always the optimal solution to such problems¹¹. Thus many women today are refusing hormone treatment and looking for therapeutic alternatives that are both better tolerated and convincingly effective. In comparison to hormone substitution therapy, both phytotherapy^{11,11} and homeopathic remedies² have proved quite effective in treating functional menstrual disorders and female infertility. Gerhard *et al.* demonstrated the success of both individually

selected homeopathic single remedies and homeopathic combination remedies (such as **Hormeel S**) in treating hormonal dysfunctions and fertility disorders^{6,8}. The advantages of homeopathic therapy over hormone substitution include better tolerance and the absence of multiple pregnancies or ovarian cyst formation^{6,8}.

As is to be expected from the drug pictures of its components (Table 1), the homeopathic combination remedy **Hormeel S** (manufactured by Biologische Heilmittel Heel GmbH, Baden-Baden/Germany) has been used successfully for more than thirty years in treating hormonal dysfunctions (especially disorders of the menstrual cycle and related symptoms such as painful menstruation and menopausal complaints) and as an adjuvant therapy in female infertility. Although **Hormeel S** is commercially available in two forms - drops and injectable solution - only the oral form was considered in this prospective study, whose purpose was to gather information on the usage indications, dosages, efficacy, and tolerance of **Hormeel S**.

INGREDIENT	DRUG PICTURES / INDICATIONS OF INGREDIENTS
Acidum nitricum D4 (nitric acid)	Inflammation of the skin and mucous membranes, (including urethra and vulva); skin tends to crack. Ulcerations. Benign and malignant growths. Diseases involving weight loss. Depressive moods.
Aquilegia vulgaris D4 (columbine)	Sleep disorders with nervousness. Also dysmenorrhea, functional amenorrhea.
Calcium carbonicum Hahnemanni D8 (inner white portion of oyster shell)	Disorders of calcium metabolism. Chronic diseases of the mucous membranes. Proliferative processes of the mucous membranes.
Cyclamen D4 (alpine violet)	Headaches. Menstrual disorders. Depressive moods.
Cypripedium pubescens D8 (lady-slipper)	Sleeplessness (especially in over-stressed women).
Erigeron canadensis D3 (fleabane)	Uterine hemorrhage (menorrhagia, metrorrhagia).
Ignatia D6 (St. Ignatius’s bean)	Nervous disorders. Depressive moods. Cramps in the hollow organs and muscles.
Majorana D4 (marjoram)	Heightened sexual arousal and nervous irritability.
Moschus D6 (glandular secretion from the male musk ox)	Nervous disorders such as excitability and fainting.
Nux moschata D6 (nutmeg)	Nervous symptoms in the body. Digestive weakness with flatulence. Perceptual disorders such as mental fogginess. Also emotional lability, hypochondria, hysteria.
Pulsatilla D4 (pasque flower)	Inflammations and disorders of the female genitalia, vaginal inflammation with discharge, menstrual disorders of all types. Disorders of pregnancy and lactation. Headaches. Sleep disturbances, psychological disorders. Nervous disorders, depressive moods.
Senecio fuchsii D6 (groundsel, ragwort)	Bleeding or hemorrhage. Also irregular menses, dysmenorrhea (all symptoms improve after onset of menses).
Sepia D6 (cuttlefish)	Many disorders of the female reproductive organs. Headaches. Sleep disturbances. Exhaustion. Psychological disorders and depressive moods. A general remedy for menopausal symptoms.
Thlaspi bursa-pastoris D3 (penny cress)	Bleeding from the uterus or mucous membranes.
Viburnum opulus D3 (guelder rose)	Painful menstrual bleeding.

Table 1: Ingredients of **Hormeel S and selected aspects of their drug pictures.**