



USING TRAUMEEL® SYSTEMICALLY

by Dr. Jo Serrentino

For more than four decades, Traumeel has been well known in both alternative and conventional medicine as a non-steroidal anti-inflammatory (NSAID) conceived for trauma-induced injuries. It has been tested clinically in nearly 30 studies for its anti-inflammatory effect on arthroses, bursitis, sports injuries, sprains and many other musculoskeletal conditions or injuries.

Unlike most conventional NSAIDs, which can cause gastro-intestinal side effects and inhibition of platelet aggregation, Traumeel has no cytotoxic effect on endothelial cells, granulocytes, lymphocytes, or platelets. This makes Traumeel an excellent choice to use as a systemic NSAID. Hence, the advantage of using Traumeel in serious and painful conditions is that it does not cause adverse renal, hepatic, cardiovascular, gastro-intestinal or Central Nervous System (CNS) side effects.

Since Traumeel has been shown not to interact adversely with drugs, it can be used as the sole NSAID prescription or in conjunction with a conventional drug, if necessary. In such cases, conventional drugs can usually be reduced or discontinued when Traumeel is used systemically. Traumeel is also a useful adjuvant to help suppress the inflammatory responses of chemotherapy, or as a post-surgical analgesic when conventional drugs are contraindicated.

USING TRAUMEEL AS AN ANALGESIC & ANTI-INFLAMMATORY AGENT IN LONG- OR SHORT-TERM THERAPY

TRAUMEEL®



In a recent multi-center placebo-controlled clinical study, the oral administration of Traumeel was shown to have a significant and clinically relevant impact on chemotherapy-induced stomatitis in children. Its effect was noticeable with regards to both the manifestation and the duration of stomatitis. This study confirmed the preliminary results which were obtained in a previous pilot study.

Traumeel tablets or vials are the best choice to use as the sole NSAID or in conjunction with conventional drugs, or during outpatient procedures involving local anesthetic. As Traumeel has no adverse effects on body systems and is non-antagonistic to anesthetic or conventional drugs, it has a wide application in clinical practice. Traumeel has anti-inflammatory and analgesic properties and also stimulates circulation and granulation, activates fibroblasts, histogenic and hematogenic defenses in inflammatory processes, and promotes healing of soft tissue and callus formation in fractures.

Traumeel can help reduce recovery time of injuries and procedures such as plastic surgery and dental surgery, as well as osteopathic or chiropractic procedures that may induce an inflammatory response.

Traumeel's very nature makes it a gentle therapy which can be used long-term. It is non-antagonistic to conventional medicine and procedures, and in this sense, is a comfort to both the patient and the physician.

GENERAL PROTOCOL FOR SYSTEMIC ADMINISTRATION OF TRAUMEEL (as an NSAID and analgesic)

TRAUMEEL: 1 tablet 3-5x/day (or p.r.n. up to 8 tablets per day *)
or 1 vial 4x/week for 4 weeks.

*(Please note that Traumeel tablets contain lactose; patients who are allergic or intolerant to lactose may experience a reaction.)

