

THE HEALING CRISIS

The healing crisis is a normal consequence of homeopathic therapy. It is the climax of healing, which is manifested as an exacerbation of symptoms occurring between the second and fifth day of treatment. Although this phenomenon is uncomfortable for the patient, it is an indication that the protocol is working and that the physician is on target.

As a general rule, you can expect the healing crisis to occur in humoral and in immune related

responses; such as, allergies, hormonal conditions, and physiological conditions dependent on the binding of immune components such as osteoblasts in the treatment of osteoporosis with Osteel.

You can expect the exacerbation of symptoms to last between two and five days. Conditions involving the simpler cellular structures would be aggravated for a shorter period of time than those involving the more complex organs.

PROGRESSION OF THE HEALING CRISIS

1 to 5 DAYS

BLOOD ⇒ CONNECTIVE TISSUE ⇒ BONE ⇒ ORGAN

The healing crisis happens less often in homotoxicology than in classical homeopathy, mainly because Heel remedies are homeopathic composites. Compounding several remedies allows for a broad spectrum medicine that can treat a wide range of conditions. Combining different attenuations balances the molecular and energetic nature of the compound, thus influencing the biochemical and energy pathways of the body for a truly safe holistic protocol. These same reasons make Heel remedies easier to administer for the practitioner who is not a homeopath. Unlike classical homeopathy, homotoxicology does not work through definite “drug pictures,” but rather by defusing the toxins.

It is at this level of defusing toxins that composites may induce the healing crisis, but we must consider it an “*antihomotoxic* healing crisis,” which, instead of aggravating symptoms, shifts them. In simple terms, a reaction phase that starts in the respiratory system may shift to the lymphatic system: a typical path of detoxification.

The healing crisis should be considered as a “good response”. Patients should be briefed on the possible occurrence of the healing crisis with any homeopathic treatment. Some practitioners choose to avoid talking to their patients about this possibility. Although this is a personal choice, avoiding the issue can deter the patient from homeopathy and sap their confidence in the physician.

Compared to orthodox treatment with prescription drugs, which have side effects that are not beneficial and are not indicative that the medication is working, the healing crisis is a mild inconvenience. Explaining the process and meaning of the healing crisis can raise the esteem patients have towards the physician and comfort him or her if exacerbation occurs; possibly saving you a phone call! Learning how to use the table of Homotoxicosis will guide you through your patient’s healing process. Whether the healing crisis occurs or not, it is an issue to be addressed in your practice.