

BIOLOGICAL THERAPY

JOURNAL OF NATURAL MEDICINE

THERAPEUTIC NOTES

Therapeutic Report: BHI Arthritis Remedy

reprinted from *Biological Therapy*, Vol. III, No. 2, July 1985, pp.45-46

DR. MED. KARL KNAUER

Question:

What would be the possible treatment or therapy recommended for rheumatoid arthritis?

Answer:

A suitable remedy is the BHI Arthritis formulation. The following is a brief explanation of the individual ingredients' actions and the remedy's applications.

Rhus toxicodendron 4x:

helps with rheumatism and muscle pains which are worsened by rest and upon the beginning of motion and which are made better through exercise; myalgias, neuralgias, etc.

Colchicum autumnale 6x:

diminishes the amount of uric acid retention in persons who suffer from arthritis

Bryonia alba 4x:

effective for rheumatism and arthritis where pain worsens with movement, better when quiet

Lithium benzoicum 8x:

mobilizes the diminishing of uric acid concentrations in persons suffering from arthritis

Dulcamara 6x:

influences rheumatic pain which becomes worse before wet weather

Rhododendron chrysanthemum 8x:

helps rheumatism which becomes worse before wet weather

Berberis vulgaris 8x:

supports the uric acid discharge, loosens kidney stones, activates the function of the adrenal glands, helps with chronic back pains when other remedies fail

Ferrum phosphoricum 12x:

has main effect against acute rheumatic feverish process

Lycopodium clavatum 10x:

regulates the liver metabolism as uric acid diathese and detoxication

Colocynthis 5x:

eases muscle cramps

Sulphur 10x:

supports the effects of the remaining individual remedies and brings about curative processes — regressive vicariations; frees chronic deposits of toxins

Causticum 8x:

principally affects chronic and subacute arthritis, rheumatism, coxitis and their consequences

Arnica 6x:

works for people with muscle troubles with pains and exhaustion, and from injuries, contusions, and bruises

Cartilago bovis 10x:

stimulates cartilage regeneration

Medorrhinum 15x:

works for monarthritis, conarthritis, coxitis, exostosis and rheumatism

Ranunculous bulbosus 6x:

needed for all costal pain with peritonitis

Often times, rheumatics look for aid from doctors or physicians when their rheumatism is in the early stages, when the classic symptoms are still missing. In most cases it is difficult to diagnose these patients with unclear problems. Therefore their treatment is seldom initiated by the rheumatologist, clinical physician or the specialist in orthopedics. Treatment and success usually only comes to these patients by way of the general practitioner who knows his patients very well. In the care of a rheumatic, it is not only necessary for there to be an early diagnosis, optimal medication, and physical therapy, but also psychological care and help.

The universal trends of disease development apply to the development of the rheumatic cycle.

1. The inflammatory rheumatic illnesses
2. Infectious rheumatism
3. The degenerative link and vertebral column illness (like arthritis)
4. The advancement of rheumatism into the soft tissues

The general practitioner sees the rheumatic at the beginning of the disease development when the classic symptoms are still not apparent. Before the actual beginning of the illness, the patient complains about multiple problems such as tiredness, sensitivity to weather, nervousness, pains or nightly burning in the hands and feet and morning stiffness in the fingers. When these symptoms appear it is expedient to start thinking about rheumatic illness.

Different types of rheumatic conditions may be distinguished by the practitioner by the early stages. In the beginning of acute cases either the finger joints or a large joint is affected. In the case of subacute rheumatism, a "malicious" course, patients complain about a general ill feeling, about unclear troubles in the limbs and joints, especially in the feet. During the intermittent beginning, the troubled condition in the joints trades itself with fully normal phases. Here, one must not forget that rheumatic arthritis does not always develop in a progressive course.

About the Author

The author, Doctor of Medicine Karl Knauer, is a homeopathic physician who lives in Karlsruhe, West Germany where he has practiced since 1953. He is well known in the field of biological medicine and treats patients who come to see him from all over Germany, Switzerland, Italy and even the U.S.

In addition to an extensive medical education, Dr. Knauer has acquired a vast amount of clinical experience through the years. Since 1955, he has been practicing anti-homotoxic therapy which has led him to an understanding of the curative biological process. With this knowledge, Dr.

The therapy of rheumatism includes:

1. Base therapy in working together with a specialist
2. General remedies for the individual case
3. Symptomatic pharmacological therapy
4. Physical therapy in cooperation with a physical therapist or masseur
5. Operative therapy in cooperation with orthopedics or surgeons

The execution of the therapy with remedies is the responsibility of the family doctor or general practitioner. It is necessary to exclude outside pressures or stimuli such as cold, wet weather or physical overexertion. In these cases, the providing of advice on lifestyle changes takes on a predominant meaning. It is known that therapeutic advice from general practitioners is second in importance only to the actual prescribing of remedies.

Doctors' Experience with BHI Arthritis Tablets

This combination of individual remedies controls, in healing processes, subacute and chronic arthritis as well as periostitis that were previously suppressed by chemotherapy and antineuralgics. In this way, the metabolism of the cells and uric acid are regulated. Sometimes a wholesome fever reaction occurs which supports healing. This must be recognized as a regressive vicariation, a necessary process, and care must be taken not to prescribe an incorrect suppressive medication. Instead, other remedies should be prescribed such as BHI Flu tablets or BHI Inflammation tablets, according to the individual reaction.

Secondary Effects

Feverish reactions to the remedies are possible and are wished for healing effects. In the case of high fever, this can be controlled with BHI Flu tablets, giving one tablet hourly. For treatment of all kinds of infection, BHI Inflammation tablets should be given daily.

Knauer has been successful in treating many of the most difficult illnesses with homeopathic remedies. He gratefully acknowledges Prof. Dr. Hans-Heinrich Reckeweg for giving a scientific foundation to this type of biological therapy.

Dr. Knauer feels that this therapeutic report will serve as an informative medium for other physicians and practitioners. He hopes it will give an insight into the highly successful BHI complex remedies which have proven their effectiveness for thirty years both in his own practice as well as in the practices of many homeopathic physicians.