

Product Quality:

- 100 % natural
- no contamination with heavy metals*
- free of herbicides/pesticides*
- microbiologically clean*

[You will find further important quality details on our quality page!](#)

Product Information:

SpiruZinc provides the body with the trace element zinc on a food base - **100 % natural**.

- zinc is not added afterwards but is naturally absorbed during the growth of spirulina
- easy to digest and very compatible
- contains natural histidin, gluconates a.s.o. for an ideal absorption and utilisation of zinc

Pharmaceutical Form: 400 mg tablets with 1 mg naturally bound zinc per tablet

Ingredients: Spirulina platensis microalgae powd. (100%)

- vegan (pure vegetable)
- gluten-free, lactose-free, yeast-free
- free from flavor additives, coloring and fillers
- contains no iodine

[*Product analysis on the back](#)

SpiruZinc

Sanatur

Spirulina platensis microalgae with higher naturally bound zinc - natural food supplement

• to provide the body with naturally bound zinc ⁽⁴⁾

- subsidiary at alopecia ⁽¹⁾
- able to support the enhancement of the immune system ⁽¹⁾⁽⁴⁾
- able to reinforce sight ⁽³⁾
- useful for allergies ⁽³⁾⁽⁴⁾ and skin problems ⁽²⁾⁽⁴⁾ such as neurodermatitis ⁽⁴⁾, psoriasis ⁽³⁾⁽⁴⁾
- accompaniment for diabetes mellitus ⁽³⁾
- accompaniment when insufficient zinc is absorbed by alimentation e.g. during diets, vegan food or celiac disease, diarrhoea, eating disorder⁽³⁾
- accompaniment during and after chemo or radiation therapy ⁽³⁾
- accompaniment for permanent use of medicines e.g. DMPS, birth control pill etc. ⁽³⁾

minimum 3 months

2 - 3 months

permanent consumption

permanent consumption

permanent consumption

permanent consumption

during and till 3 months afterwards

permanent consumption

minimum 3 months

permanent consumption

Zinc is the 2nd most common trace element of the body. It takes part in 300 enzyme systems and is an active part of insulin. Zinc takes part in the vitamin-A-metabolism as well as in thyroid, sexual and growth hormones. Without zinc cell division, protein biosynthesis, growth, reproduction and immune competence are not possible. ⁽³⁾



- Persons with an increased need for zinc (seniors, athletes, chronically sick persons, smokers, alcohol addicts)
- Persons with onесided food patterns
- Adults
- Pregnant and nursing women
- Children and Teenagers



Adults, Teenagers: 2 - 5 tablets to swallow before meals, spread over the day, with a lot of liquid

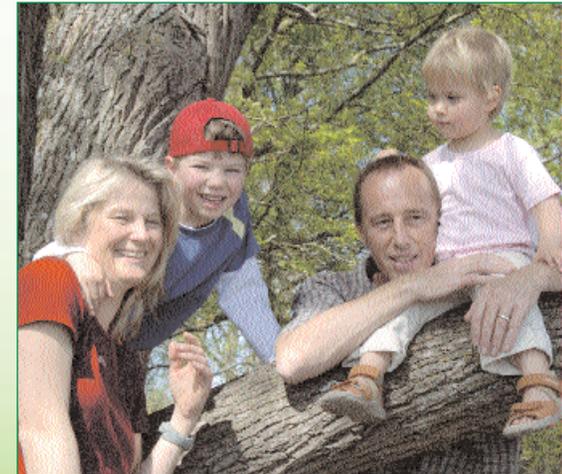
Children: 2 - 5 tablets see above (dissolve tablets for small children in liquid)

No incompatibilities found. ⁽⁴⁾ During a 3 month period using SpiruZinc 3 - 16 tablets daily no unwanted effects appeared. ⁽⁷⁾

Important: In case of autoimmune diseases as well as affected kidneys it is recommended to discuss the use of zinc products with a doctor or therapist. Zinc can affect the effects of antibiotics!



SpiruZinc can be combined with all products of Sanatur except Spirulron and cereal grasses.



(1) Survey: immunological influence of Zink-Spirulina at children and adults in case of loss of hair (alopecia) 10/2000; (2) Application studies: Acne inversa is positively influenced by the use of Spirulina 7/2005; (3) according to the compendium for physicians and pharmacists „Orthomolecular medicine“ - author Uwe Gröber; (4) experience values of the Sanatur survey with therapists 2001