

Product Quality:

- 100 % natural
- no contamination with heavy metals*
- free of herbicides/pesticides*
- microbiologically clean*

[You will find further important quality details on our quality page!](#)

Product Information:

Spirulron provides the body with the trace element iron on a food base - **100 % natural**.

- Iron is not added afterwards but is naturally absorbed during the growth of spirulina
- easy to digest, very compatible
- contains natural aminoacids, gluconates, B-vitamins and a lot more for an ideal absorption and utilization of iron

Pharmaceutical Form: 400 mg tablets with 1,3 mg naturally bound iron per tablet

Ingredients: Spirulina platensis microalgae powder (100%)

- vegan (pure vegetable)
- gluten-free, lactose-free, yeast-free
- free from flavor additives, coloring and fillers
- contains no iodine

* [Product analysis on the back](#)

SpiruIron

Spirulina platensis microalgae with naturally higher iron - natural food supplement

• to provide the body with naturally bound iron ⁽³⁾

- *accompanying during pregnancy and growth* ⁽³⁾
- *accompaniment for a strong menses* ⁽³⁾
- *accompaniment for obligatory renal dialysis due to renal failure* ⁽³⁾
- *supportive for competitive sports (e.g. marathon runner, tri-athletes, etc.)* ⁽³⁾
- *supportive for frequent blood donations* ⁽³⁾
- *supportive when not enough iron is absorbed by alimentation e.g., by vegan food, diets, disorder in assimilation of iron* ⁽³⁾
- *supportive when drinking a lot of coffee and tea* ⁽³⁾

*14 days - 9 months
during and 2 - 3 days after
permanent consumption*

*permanent consumption
permanent consumption*

Iron is the most quantitatively important trace element in the body and part of the red blood cells and as well as essential for the haematopoieses. And furthermore it is an important carrier of oxygen. ⁽³⁾



- Persons with an increased need for iron (seniors, athletes, chronically sick persons, smokers, alcohol addicts)
- Persons with on-sided food patterns
- Adults
- Pregnant and nursing women
- Teenagers
- For children we recommend the consumption of Spirulron only after the agreement of a therapist



Adults, Teenagers: 2 - 3 tablets to swallow before meals, spread over the day, with a lot of liquid.

Children: 1 tablet see above (for small children dissolve tablet in liquid)

There were no incompatibilities found.

Important: There are no obstipation problems given as known with not natural iron products.



Spirulron can be combined with all products of Sanatur except SpiruZinc. Do not use it together with calcium (e. g. milk products), tea or coffee! Min. 2 h gap.

⁽³⁾ according to the compendium for physicians and pharmacists „Orthomolecular medicine“ - author Uwe Gröber;

Sanatur



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