

Does The Water You & Your Family Drink Enhance Your Lives Or Could It Be Harming You?

A cold drink from a free running mountain stream is most refreshing. Fresh and clear, cool and bubbly, invigorating - nothing satisfies quite like nature's best water. Flowing ever downward in a journey to the ocean, every molecule is tumbled and turned, pushed and pulled, scrubbed and cleansed. Every rock and particle of sand provides this gentle filtering action millions of times a day, with every bubble and rivulet injecting pure sweet oxygen and essential nutrients and minerals into every drop. And along the journey, every molecule is "energized" as it picks up the natural far-infrared energy of the sun and the natural magnetic energy of the earth. Sweet, clean, cool and refreshing—meeting the body's needs to perfection. Sounds so good you can almost taste it, right now.

DO YOU TRUST YOUR CURRENT WATER SUPPLY?

The reality for most of us is that we don't have the means to walk out the back door to that cool mountain stream. We have to turn on the tap and trust the water that comes out. Unfortunately, not all tap water is as clean as we assume it to be. Drinking water comes from many different sources. When you turn on your tap, water flows from your local water treatment plant or well. These supplies are in turn fed by a broad spectrum of water sources and contain many types of organic and inorganic pollutants.

When water is processed for drinking, these pollutants are supposed to be removed, but many treatment plants are not equipped nor designed to remove most of these harmful substances. Well water generally goes totally unprocessed, leaving all pollutants intact.

IS YOUR WATER REALLY CLEAN?

Harmful microbes, a main source of gastrointestinal illness, are present in treated water. That is why treatment plants add chlorine to the treated water to kill these microbes. Yet chlorine is itself a pollutant and is one of the most harmful chemicals found in your supply of drinking water! Agricultural chemicals which leech into ground water are also present in treated water. Inorganic contaminants such as lead, mercury, cyanide and asbestos, are common and contribute to a wide range of diseases and disorders, particularly in infants and young children.

Yet even with strict government standards, many treatment plants fail to maintain even the minimum standards to remove these harmful pollutants out of your tap water. Regardless of the source, your drinking and cooking water is exposed to a serious and continuous toxic threat that is harmful to the health of you and your family.

"The catchments, streams, rivers and aquifers that supply us with clean, fresh, healthy water are the product of billions of years of evolution. In the short space of 200 years, we have made dramatic and irreversible changes to the natural environment. These changes have set in motion a sequence of events that will severely impact on the drinking water of many Australians. Most of Australia's rivers are too polluted for swimming, let alone drinking....In Australia thousands of tonnes of pesticides, herbicides, fertilisers and poisons are applied annually to land that drains into our rivers and streams."

John Archer, Australia's Drinking Water, The Coming Crisis, 2001

The limited degree to which even spa waters maintain their therapeutic properties.

Water bottled at a spa is not the same as water consumed directly from the spring on location. All of these therapeutic waters lose their most beneficial qualities about 20 hours after being removed from the spring. You can drink it there, but you can't take it home. Here's why.

Water is HOH (H₂O). It's composed of two Hydrogen atoms and one Oxygen atom. Without complicating this too much we need to understand that Hydrogen is the most elementary atom of all. It has just one electron spinning around the proton nucleus. Larger atoms like Uranium have many electrons and many levels of electrons. Aside from determining the mass and reactivity of the atom, the electrons also create an electron shield or cloud that absorbs energies coming from outside radiations. Since the Hydrogen atom has no electron cloud to speak of, it is susceptible to any radiation that happens along. The very nature of the hydrogen bond guarantees a rapid alteration due to these dominating influences.

In the underground springs, the Earth's magnetic field protects the diamagnetic properties of the water, but as soon as the water comes to the surface it is subject to a new environment of microwaves, radio frequencies, electromagnetic field from wiring, a host of other types of energies and contamination that dominate the fragile and weak properties of the hydrogen atom. Almost instantly the water loses the properties that life forms find essential.

How the body processes water after it is ingested.

This next section is mainly for those technically minded types so if that's not you then skip on over.

Tap water can have an acid pH as low as 5.5 or an alkaline pH as high as 10, yet the fluids in the body have a very narrow pH range around 7.2. Tap water contains minerals and perhaps even some unwanted organic compounds. The water that hydrates our body does not have the original contents. When water is ingested it goes directly to the acid environment of the stomach where minerals and other compounds are extracted. Further extraction is carried out by the intestinal organs, and the water, as water, is absorbed through the linings of the digestive tract directly into the blood stream. However, a great deal more is happening than can be explained in chemical terms.

The human body is made up of about 60 trillion cells. Within each cell are hundreds of thousands of macromolecules (large molecules like DNA, RNA, proteins, polypeptides, etc.). Each of these molecules creates its own biomagnetic field.

Now imagine these hundreds of thousands of macromolecules in 60 trillion cells all generating a biomagnetic field (which Murrethetv et al refer to as a diamagnetic field). This must exercise an appreciable influence on the major component of the body - water. In fact, it does. The true meaning of hydration starts to emerge. Most people think hydration is just getting enough water into the body, but true hydration is cellular hydration. If the water isn't right, it is not going to get to a cellular level until it is corrected by this incredible mechanism of Nature. Life creates its own energies to assure that water acts to sustain life. If water is to code (have a memory) it must be in its most stable and energetic state. Macromolecules give this state to the water so that the water can carry information through the organism.

What does all of this mean to us?

Dr. Batmanghelidj in his book *Your Body's Many Cries for Water* reminds us of the curative powers of water from any source. Dr. B, as he is known, does not go into detail on the physical/chemical properties of water. Instead, he emphasizes the importance of hydration by drinking plenty of water and replacing other beverages with water. At his website www.watercure.com, Dr. B lists 11 conditions that can be treated by just drinking the prescribed amount of water each day. His formula is simple. Just divide your weight by 2 and this will yield the ounces of water you need to drink daily. For example, if you weigh 150 lbs, your daily requirement would be 75 oz.

Better water hydrates better. It gets into the cell. This means better cellular operation in every way from metabolism to ridding the cell of toxins. Better hydration also means a faster and more efficient transformation of the cytoplasm from the gel to the sol state. These are givens. What is not so clear is the ability to manipulate the coding feature of water to exploit the use of the medicinal aspects. There is already ample evidence to show that this can be done, so we predict that water will be the basis of preventive medicine of the future.

The best known and perhaps most controversial example of the use of Living Water is homeopathy. Homeopathy has been around since the late 1700s, and is growing in popularity throughout the world, mostly due to the failure of traditional medicine to keep us healthy. It is now becoming evident that the effects of homeopathy are largely due to the ability of water to be coded with the properties of the substance placed in water to create the desired effect.

The bottom line is that you will have to decide for yourself. We encourage you to check the information and ask questions. Keep in mind that most of the research on water is non-specific. It does not follow the specific etiology guidelines that for a specific disorder there is a specific remedy. The message is strong that good water (what we have consistently referred to as Living Water) has a profound effect on biological reactions and therefore has a favourable influence on any health related disorder. Living Water is the body's "traffic cop". It directs and catalyses the beneficial reactions, while inhibiting the spontaneous unnatural reactions.

Going beyond the original Pi Water is Nikken's magnetically treated Pi-Mag water. Several important and new technologies have been added to include ultrafiltration, magnetic resonance, and finally the stabilization of the Pi Water. The micro-clusters of magnetically charged Pi Mag water allow it to hydrate cells enhancing the cell's ability to remove toxins, bring in nutrients and oxygen, improving our body's self healing response.

Magnetic resonance added to Pi Water increases absorption and can reach places normally inaccessible to regular magnets. Enhanced memory function, increased immunity, accelerated healing, lower calcium crystal levels, reduced kidney stones, retain normal cell division, decreased hypertension, reduced dental plaque, skin problems resolved and lowered stress effects have been shown in many studies the world over without dangerous drugs or side effects.

An easy way to watch the effects of a micro-clustered water is to spray some on dry skin that is free of creams and oils. The water won't bead, but will pass into the skin with little or no wetness. Micro-

clustered water helps keep fresh produce from spoilage when soaked in it and flowers live twice as long when sprayed and placed in a vase filled with micro-clustered water.

NMR (nuclear magnetic resonance) analysis reveals that tap water and well water consists of clusters of ten to thirteen molecules. Water in smaller clusters (as in Pi Mag Water) is capable of passing through the semi permeable cell membrane giving it the ability to hydrate. Hydration levels affect all cells in our bodies. Brain cells are especially sensitive to minute changes in water content. The presence of beneficial vibrational and magnetic field patterns can send benefits to every cell in the body. Add this to all the pollutants, pesticides, and other chemicals and our water becomes very clumped. The more water clumps, the less use it is to our bodies.

"One of the accurate truisms of history is that civilisation which allows the quality of it's water and of it's water distribution system to decline, is on the way out."

John Ralston Saul, The Doubters Companion, 1994

Contamination of our valuable and irreplaceable water resources is a "hot" topic today. There are governments that regulate it and try to enforce their laws, there are numerous firms that test for it, many of our finest schools study it to discover and study the many affects and reactions caused by it, and there is us who have to put up with it and try to stay healthy while partaking of it.

"Synthetic chemicals, pesticides, salinity and blue-green algae are all toxic to fish and humans. Fish disappear. Humans are more resilient. They get cancer, and then disappear....In all of Australia's major centres of population, water quality is deteriorating rapidly."

John Archer, Australia's Drinking Water, The Coming Crisis, 2001

A report by the US COUNCIL OF ENVIRONMENTAL QUALITY reads: "Cancer risks among people drinking chlorinated water is 93% higher than those whose water does not contain chlorine".

Another report by Dr. J. M. Price, MD of Sainaw Hospital reads: "Chlorine is the greatestcrippler and killer of modern times. While it prevented epidemics of one disease, it was creating another. Two decades ago, after the start of chlorinating our drinking water in 1904, the present epidemic of heart trouble, cancer, and senility began."

From the NADER REPORT we read "A professor of water chemistry at the University of Pittsburgh claims that exposure to vaporized chemicals in water supplies through showering, bathing, and inhalation is 100 times greater than through drinking water".

"There's a growing view among environmental scientists that high cancer rates in certain cities relate to the fact that they've been drinking a chemical cocktail for the past few decades."

Professor Harry Recher, Australian, 12 March 1991

Contamination can be divided roughly as those quantities that are legal and those quantities that are not. Due to the difficulty and expense of contaminant removal in large water systems, most regulations have focused on determining "acceptable" levels and on the more "short term" effects of exposure. Just because a chemical (contaminant) is at "legal" levels does not mean that it will not cause stress and/or harm to our sensitive bodies with "long term" daily use.

"Most of us are not aware that Australia's drinking – water supplies are dwindling and their quality is deteriorating because we have not been told the truth by those who know – water authorities, scientists, health departments and their political masters.... Australia remains one of the few developed countries that does not yet have a legal definition of safe drinking water....The acidification of Australia's land and water is now widespread, the pH of water supplies is dropping (i.e. more acidic) as a result, and corrosion of pipes and equipment and domestic plumbing is occurring on an unprecedented scale."

"Much of our agriculture and many of our cities are able to survive only because of the dams and barriers that retain water and impede the free flow of rivers. But, like all natural cyclic patterns, the free flow of rivers and streams has a purpose. This is how water purifies itself."

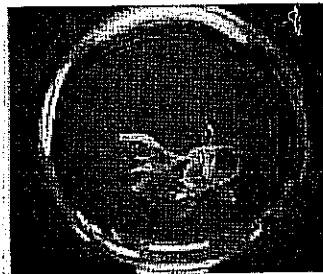
"Although the mechanism by which it does so is not well understood, water purifies itself by falling and gurgling and splashing and flowing, by moving in snakelike loops and curves across the landscape. The same spiralling energy that propels water's motion allows it to absorb oxygen from the air, while the sun's ultraviolet rays help to accelerate the process of purification. The natural flow of rivers and streams through the bush, vegetation on their banks, the wetlands and swamps, are all essential to maintain a healthy waterway. Remove these elements and all you have left is water, devoid of energy, nourishment or life force".

"When water becomes unnaturally or grossly contaminated, the balance is upset and the purification process is no longer effective. Once this water is retained in a dam or reservoir it loses any possibility of self-cleansing. Instead it becomes inert, a breeding ground for bacteria, pathogens and viruses, while at the same time concentrating the load of pesticides, heavy metals, salt, and other contaminants. Dead water, if you like, as opposed to living water. Such water is neither life enhancing nor life supporting."

John Archer, Australia's Drinking Water, The Coming Crisis, 2001

The Natural Power of Living Pi Water

Amazing!! A gold fish could survive in high-energy Pi Water in air tight container for 216 days.



From calculation of necessary volume of oxygen in this air tight container, this gold fish can only survive for 3 to 4 days. However, within high-energy Pi Water, such a fact over common sense of our modern science can occur. It is because high-energy Pi Water can provide necessary bio-energy to allow the gold fish to live.

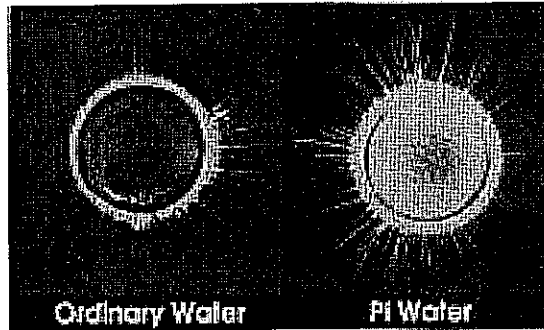
Saltwater fish & fresh water fish can live together in high-energy Pi Water.



Normally, when salt water fish are placed into fresh water or when fresh water fish are placed into salt water, they will die within an hour. This because of the saturating pressure difference. High-energy Pi water can provide bio-energy to help their adjustability to severe circumstances.

Amazing Characteristic of Pi Water

Pi water has Bio-energy as Same as Body Water has.



This photo shows difference of energy level coming from ordinary tap water versus Pi Water, using Kirlian photography. The same kind of bio-energy is coming from the human body. When you drink Pi Water, this bio-energy is added to your body.

Pi-Mag Water

Water is nature's greatest present and something that mankind simply cannot live without. We are not, however, talking about water that is just clean and tasty. Pi Water is a marvelous water born from nature and now recreated by modern science. Much of the information contained in this specially prepared report was provided from various websites from around the world on Pi Water.

The Importance of Water

The human body is composed of approximately 70% water and of this amount 2/3 is contained within cells as the cell fluid while the remaining 1/3 is contained outside cells as either blood fluid or fluid between cells. We can therefore say that activity essential to human life is conducted completely "in and around water".

Thus, "contamination of water is a serious threat to human health and life". The water that we daily consume is said to flow completely through the body and reach the brain within 30 minutes. Anyone who takes this fact into consideration will automatically understand the importance of water to the human body.

What is Pi Water

Pi Water has very similar characteristics to your body's water. Pi Water is one of the most basic yet innovative waters in the world. The word "Pi" means returning to the source. It helps to increase the body's own regenerative healing energy and balance.

THERE IS A SOLUTION !!!

How fortunate for us, there is a solution—the powerful,

Pi-Mag™ Advanced Water System “The Water of Life”

Developed by Nikken (the #1 leading health & wellness company in Japan). This advanced water system combines multiple technologies to filter and then restore the natural great-taste and energy of water.

This unique system is made up of distinct stages which combine advanced carbon filtration, a super-efficient filtering membrane, *pi water* technology, *far-infrared energy* technology and *magnetic energy* technology. This complete home water filtration system actually duplicates nature's intentions and is able to provide you and your family with a supply of superior quality water for all your drinking and cooking needs.

ORIGINS OF Pi WATER

For over thirty years, scientists in Japan have studied plant growth and early on detected the remarkable properties of *pi water* in living plants. It was an astounding breakthrough, providing the background research on which *pi water* use is based on today—specifically the process for transforming standard drinking water into a high energy, living water. So, what is *pi water*?

Pi Water is water that contains a specific mineral compound vibrating at a high-energy state that actually improves the water molecules ability in your cells to carry information that enhances all forms of life.

THE POWER OF Pi Mag WATER

By transforming regular tap water into a high-energy, living water or *Pi Mag Water*, we can now provide the body with water it can fully absorb. This is accomplished by optimising mineral content and pH balance for human consumption. What is created is water the body can more readily use and actually contains the life enhancing characteristics that we all need!

CREATING LIVING WATER

The Pi-Mag™ Water System combines unique stages of filtering and processing. The Pi-Mag Water System has highly sophisticated filter technology. But it is more than a filter. Special Pi ceramics from deep-sea coral reflect far-infrared energy - sometimes called the "wavelength of life." Magnetic energy is added as the water flows.

Delicious water is available instantly. And the Pi-Mag Water System is convenient and less expensive than bottled water. Best of all, it's Pi-Mag water - the water of life. Available only from Nikken.

The Nikken Pi-Mag Water System is based on the premise that good water involves more than just a lack of impurities. The Pi-Mag Water System combines a number of simple yet highly sophisticated technologies, to provide sparkling clear, good-tasting water, while retaining beneficial minerals in a magnetic environment.

When safe drinking water is poured into the Nikken PiMag Water System, it passes through a ceramic filter to remove foreign materials down to 0.1 microns.

The water then moves through a three-stage filter cartridge to reduce chlorine, unpleasant odours, Trihalomethanes (THMs), lead and other heavy metals.

Mineral and Silver impregnated stones placed on the floor of the storage tank inhibit the growth of bacteria, help maintain a balanced range of beneficial minerals including calcium and magnesium, and adjust the pH balance to mildly alkaline, the natural pH of your body for optimal health. The PiMag Water System adds a fourth dimension by delivering the water through a high field-strength (1,200 gauss) magnetic tube which breaks down water molecule clusters allowing the water to be much more absorbable by your body.

Delicious water is available for you instantly. Best of all, it's Pi-Mag water, the water of life.

This combination of patented technologies makes this the ultimate hydration machine and is the only system available that is able to produce *living energy water*.

WATER OF LIFE—LIVING WATER

Water comes to you in many forms—from the tap in your kitchen to bottled water in the grocery store. All water is necessary for life, but *not all water can enhance life*. This is why the Pi-Mag™ Advanced Water System was designed - to bring you the water you need for optimal living and optimal health. Not only will you **TASTE** the difference, you will **FEEL** the difference!

Pi Water Also Has Anti-oxidation Effects

Pi Water suppresses the increase of excessive free radicals (oxygen peroxide) and keeps your body relatively free from oxidation attack. The increase of free radicals can be harmful and can be shown as inflammation, such as skin irritations. Also, one of the causes of premature aging is due to oxidation of the various systems in the body. By strengthening the anti-oxidation ability of the body, *aging may slow*.

Pi Water Can Contain More Oxygen Than Conventional Water

When **Pi Water** is absorbed into your body, it can carry more oxygen (which your body needs) than tap water or bottled water. It is important to note that **cancer can not be active in oxygen rich circumstances**. Also important to note is that aerobic microbes can be active in **Pi Water** while non-aerobic microbes cannot. This is extremely beneficial because this creates an unfriendly environment for cancer.

Nikken's PiMag Water

Dr. Mischio Kushi, "the father of macrobiotics" & a pioneer for a program of a healthier way to live, joined forces with Mr. Masuda & Mr. Watanabe to help develop our newest and most impressive health technology, **Pi-Mag** water. He is the founder of the Kushi Institute. His contributions include: pioneering the natural food industry, macrobiotic theory, and organic agriculture. He brought these to the USA: tofu, rice cakes, futons, acupuncture, shiatsu massage and other energy therapies. He pioneered alternative medicine. All this been documented by the Smithsonian Institution, which has honoured him for his work. Dr. Kushi has been proposed for a Nobel Prize nomination. He is literally, a living legend. He was one of the guest speakers at our national convention just a few days ago. His alignment with Nikken's mission for global wellness only further solidifies our position as the World

leader in alternative Health and Wellness products. Thirty years ago, no one believed that food was significant of in preventing cancer. Today, the American Cancer Society and other educational programs are introducing macrobiotic theory.

Dr. Kushi underscored the significance of Pi-Mag water. His message at a recent convention was that water on earth is never destroyed. Our industrial society has severely compromised our water. All water, including contaminated water, is recycled through nature. Conventional methods of processing water, such as chlorine, which attempt to make it healthier and safe, are actually very harmful to us. He said, *"I have been searching for the past 2 decades, for a proper water system... natural water, sprung out from the mountains, streaming down on sand, rocks and pebbles, among the many rocks and stones, charging natural electromagnetic sparkles and waves, twinkling every molecule with sunlight, thus producing living water, nourishing forest and field, which further nourishes all living beings."* This is the very essence of the Pi-Mag water system.

Let's consider with dead water. Distilled water, or water from a reverse osmosis system is dead water. Its value is that it is liquid. Living water actually supports life. It has vitality and is energized by both the magnetic and ceramic (FIR) technologies. In addition, nutrients, such as Ca⁺ and Mg⁺ are returned to the water during the ion exchange part of the system. Contrast this to soft water, which has both Ca⁺ and Mg⁺ removed.

We now know that an acid environment throughout the body is unhealthy and promotes disease. We know that a slightly alkaline environment is an optimal for both blood and cells. Pi-Mag water is compatible with this as its pH is slightly above 7. Most providers of commercial water systems are unaware of the significance of pH. Only one surveyed knew the pH of the water from their system. It was 3.2, which is acidic and unhealthy.

Pi-MAG Water helpful tidbits of information

* The energy in the water dissipates after about 24 hours, according to Jeremy Madvin, one of Nikken's experts. On the lighter side, but nonetheless significant, imagine the impact of filling a team's water bottles prior to the big game! You would have a competitive edge! Imagine, instead of caffeine, which promotes an undesirable dehydrating and acidic environment in your body, getting life energy from drinking water!

*Demonstrate the immediate benefits to the body by putting tap water into one glass. Fill another full with PiMag water. Drink 1/2 of the PiMag water, then have them taste the tap water...the difference is dramatic! Taste the PiMag water first. It's easier to notice the taste difference when going from good to bad, than from bad to good.

*Put some of Pi-Mag water in a glass container and use it to brush your teeth.

*Add Pi-Mag water to a half filled shampoo bottle and notice if there's a difference in your hair's shine and overall health.

*If you have well water or 'dirty' mains water, get an inexpensive filter from the hardware store so that you can avoid having potentially heavy sediments ruining the filters on your Nikken system prematurely.

*The lifetime of your filters is obviously dependent upon usage. Rule of thumb...the filters last about 3 months for a family of five who uses the Pi mag water for cooking, drinking, and providing water for their plants and pets. Longer for less usage.

*In the long run, a Nikken PiMag system is far more cost effective (and HEALTHIER) than buying individual water bottles or paying for water bottle delivery to your homes. These bottles are made of Polymers. If water is stored in these containers for long periods of time, gases and toxins from the

Polymers can leach into the water. Most commercially supplied bottled water are in the poorest, cheapest, nastiest grades of plastic available, further exposing the contents to contamination.

*We are almost 70% water. Water is the very essence of life.

*"Living water"- it's vitalized by magnetic and FIR technology. Has nutrients such as Ca⁺ and Mg⁺ provide alkaline water (pH is slightly above 7), which is which is optimal and compatible with what our cells and blood need. There is no vitality in distilled water or water from a reverse osmosis system.

*PiMag water is virtually free of organic matter (chlorine, fluoride, etc), virtually free of heavy metal contamination (lead, mercury, chromium, virtually sterile (99.99999% of bacteria and organisms removed, e-coli, coliforms, etc.)

* Can be used without electricity and is one of the easiest things you can do for yourself and your family to maintain, restore, and promote higher levels of wellness.

In closing, Remember the vision of Nikken and Isamu Masuda himself,
whose vision inspired the words,

"We will not rest until the air is clean, the water is pure and the polar
bears are white again."

For more information on the PiMag water system contact

Lesley & Mark Knight, Spectrum Healthcare, on 01722 334430

or 07958606890

email: spectrumhealthcare2003@yahoo.co.uk