Quantum medicine provides an energy-based medical paradigm that combines a wide spectrum of interdisciplinary health assessment protocols in an attempt to address the full complexities of chronic illness. Quantum medical practitioners view disease as a disruption, cessation, or distortion of the body's energetic anatomy along caused by a wide range of stress factors (nutritional deficiencies, toxicity, infections, etc.). Instead of suppressing the symptoms of this disharmony (pain, inflammation, etc.), these practitioners approach illness with the intent of eliminating the disharmony with bursts of energy or a specific resonance stimulations that correct the disharmony, eliminate stress or causative factors, and enhancing innate healing.

In the 1920s and 1930s Dr. Harold Saxon Burr of Yale University researched the energetic qualities of different forms of life. For example, Burr observed changes in the electrical field of trees to seasonal changes, sunlight and darkness, cycles of the moon, and sunspots. In humans, he noted that emotional stress affected the body's energy field (Transactions of the American Neurology Association 63, 1939). When observing hormonal changes in women, he was able to record a voltage change just before ovulation and a subsequent drop in voltage just as the egg is released (American Journal of Obstetrics and Gynecology 44, 1942). The most fascinating of his discoveries pertains to the voltage changes that would allow Burr and his colleagues to define malignant tissue and predict when a woman would develop cancer of the cervix (Science, 105, 1947). An excellent review of his 43 years of research is summarized in his book Blueprint for Immortality: The Electric Patterns of Life. This breakthrough book reveals important scientific discoveries:

1. All living things— from men to mice, from trees to seeds—are formed and controlled by electrodynamic fields that Burr defined as L fields (Yale Journal of Biological Medicine, 16, 1944; Science, 103, 1946; Proceedings of National Academy of Science, 32, 1946).

2. L fields are the basic blueprints of all life (Yale Journal of Biological Medicine, 17, 1945; Federal Proceedings, 6, 1944; Medical Physiology, 1950).

3. L fields are informational and can reveal physical and mental conditions in order for doctors to diagnose illness before the usual symptoms develop (Yale Journal of Biological Medicine, 14, 1942; Yale Journal of Biological Medicine, 19, 1947; Yale Journal of Biological Medicine, 21, 1949).

Carlo R. Rubbia, a 1984 Nobel Laureate, made an astounding observation on the magnitude of biological information fields which he reports is far greater than biochemical or biomolecular information in the human body. Consequently, any medical field that examines only the physical body is only assessing a small and inconsequential part of human anatomy.

An American neurologist, Albert Abrams, MD who taught pathology at Stanford University's medical school in California, made the following scientific observations (New Concepts in Diagnosis and Treatment, San Francisco, Philadephia Press, 1916):

1. Unknown resonances or waves were emitted from pathological tissue that can be used with great accuracy to locate an infection or pathology, and

2. Resonant frequencies or vibrations from quinine eliminated the unknown resonances associated with malaria and mercurial salts stopped syphilis radiations (the same was true of other known antibiotics).

In a series of 25 clinical trials, Dr. William Boyd confirmed Abrams' research and with 100% accuracy was able to identify chemicals and tissues without visual or any other clues except their resonances. In 1924, the Royal Society of Medicine investigated Boyd's claims and found them valid (Royal Society of Medicine, 1925). The committee was impressed with the new diagnostic capabilities of Boyd's methods.

Nobel Prize double-nominee, Robert O. Becker, MD reported that the electromagnetic resonance behaves in the human body in a similar fashion to magnetic-resonance imaging (MRI) and that the body's innate resonances could be used to heal and explain problematic health issues (Coss Currents: The Perils of Electropollution, The Promise of Electromedicine, Tartouch/Prutman, 1990).

A controlled, research study on rats by the US Naval Research Center, Bethesda, Maryland (Biometrics, 7, 1968) documented that the magnetic resonance from lithium (not an oral dose) was able to subdue behavior and depress the central nervous system. This study is important because it documents significant biological effects from minute radiations similar to homeopathic medicines.

Another brilliant researcher, George Lakhovsky, published The Secret of Life in 1925 revealing that "every living cell is essentially dependent on its nucleus which is the center of oscillations and gives off radiations." His research has

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important health implications. Lakhovsky's book defines life and disease as a battle between healthy resonances and the unhealthy resonances of cells against microbes and other toxins. When we consider that the sun is the center of our solar system, and life could not exist without it giving off radiations that set up oscillations in living matter, it becomes obvious that energy principles work on the same universal laws, be they atoms, cells, or solar systems.

Famous US surgeon and founder of the Cleveland Clinic in Ohio, George Crile, M.D. supported Lakhovsky's finding with independent studies that were reported in his book *The Phenomena of Life: A Radio-electric Interpretation*, which was printed in 1936. He states, "electricity is the energy that drives the organism." He likened the cell to a battery and stated "It is clear that in the second half of life the electrical potential of the elderly patient as a whole or of this or that organ, has been very much reduced and that by so much, the margin of safety has been dangerously diminished." In the 1937 *British Medical Journal*, Sir Thomas Lewis defined an independent cutaneous nerve system of pathways that was not composed of nerve fibers.

Using electromyography (EMG), Dr. Valerio Hunt at UCLA discovered that the body emits oscillations between the “noise” of normal muscle contractions. With sophisticated equipment, Hunt was able to monitor fluctuations in the body’s electromagnetic energy levels (*Progress Report: A Study of Structural Integration from Neuromuscular Energy Field and Emotional Approaches*, UCLA, 1977). Further documentation of the body’s electromagnetic energies came from photographic techniques discovered by Semyon Kirlian in Russia. With the interaction of a high-frequency electric discharge and a photographic plate he captured the energetic imprints of living organisms on the film. Further research by scientists at the Kirov State University of Kazakhstan and by M.K. Galkin, MD correlated these measurements with Traditional Chinese Medicine concepts of energy flow. I found some of the most impressive work with Kirlian photography in Peter Mandel’s book *Energy Emission Analysis*. Mandel’s work was important for the following reasons:

1. His findings were based on over 800,000 photographs (energy emission analysis or EEA), which documented the beginning and end points of classical acupuncture.
2. All irregularities of bodily functions were depicted on the photographs.
3. He based his therapeutic intervention on either the positive or negative EEA macrographs.

Validation and Anatomical Documentation of Meridian Pathways

While some researchers have documented the electromagnetic resonances of life, other have documented what ancient Chinese medical wisdom has taught for thousands of years. The following are highlights of some of the research that validates the existence of the acupoints and meridian pathways:

- During the 1960s Professor Kim Bong Han studied the acupoints of animals. He injected radioactive P32 (an isotope of phosphorus) into an acupoint and followed the uptake of the substance into surrounding tissue. With microautoradiography techniques, he discovered that the P32 followed the path of the classical acupuncture meridians (*The Acupuncturist*, 1, 1967).
- In 1985, Pierre de Vernejoul at the University of Paris injected radioactive markers in acupuncture points. Using a gamma-camera imaging, he tracked the movement of the isotope. His findings indicated that the tracer followed the pathways of the classical meridian lines at the speed of 30 cm in 4-6 minutes. As a control, he also made random injections in the skin, vessels, and lymphatic channels documenting that there was no migration at these sites. (*The Kirlian Aura*, Doubleday, 1974; *Bulletin of the Academy of National Medicine* 169, 1985).
- In studies similar to Dr. Burr, Professor Kim found that the meridian ducts were formed within fifteen hours of conception in the embryonic chick before the rudimentary organs were formed (*Design for Destiny* Ballantine Books, 1974).
- In another experiment, Professor Kim severed the liver meridian in a frog and observed the subsequent changes in the liver tissue. Shortly after severing the meridian, he discovered enlarged liver cells. Three days later he noted serious vascular degeneration throughout the entire liver.
- Dr. William Tiller of Stanford University observed close to a twenty-fold drop in electrical resistance at the acupoints (*Energy Field Observations*, 1988).
- Dr. Hiroshi Motyama AMI Machine (short for Apparatus for Measuring the Functions of the Meridians and Corresponding Internal Organ) research on over 5,000 patients documented strong correlations between weaker meridians and underlying disease states in associated organ systems (*Science and the Evolution of Consciousness*, Autumn Press, 1973).
- Reinhold Voll, MD, who discovered electroacupuncture techniques, spent two decades studying acupuncture points and their related meridians. Voll’s discovery that almost all Chinese acupuncture points could be detected by a change in skin resistance was of incredible importance to the birth of Quantum Medicine (*American Acupuncture*, 1980).

All the above studies support the teachings of Chinese medicine. In brief, doctors of Chinese medicine believe that illness is caused by energetic imbalances. Certainly Kim’s research supports the concept that meridian changes precede physical organ dysfunction. Thus the integrity and balance of the acupuncture meridian system is crucial to detecting illness in the earliest possible stages before organ degeneration take place. Yet it is important to note that traditional Chinese theories were developed thousands of years ago when the planet was not as polluted and food was not genetically-engineered, toxic or depleted in nutrients. Hence, we may not be able to rely solely on old Chinese remedies and theories.
now and in the 21st century. Over the past decade, my research with the Yanick Quantum Energy Method® on thousands of natural products that were tested against stressed organs, glands and systems of the body, revealed that over 90% of supplements currently available were toxic or had poor energetic and biochemical bioactivity. This research was confirmed by in vitro screening studies of 196 natural products that found 191 toxic or ineffective with only 5 or 2.5% nontoxic (Journal of the American Nutraceutical Association, Vol 2:1, 26-41, Winter, 1996). For the best clinical results, quantum medical practitioners use non-toxic, clinically effective supplements that contain the correct resonances of healthy organs, glads and systems of the body and the correct nourishment to support and strengthen weak physiology. This powerful synergism in supplement choices allows the body to discharge toxins, eliminate opportunistic infections, and correct nutritional deficiency states in the shortest time possible.

Assessing the Stress-related Origins of Disease

Most standard medical textbooks attribute 50 to 80% of all disease to stress-related origins. Emerging from Quantum Medicine and its attendant philosophy is the view that a wide spectrum of stressors can be assessed by observing subtle energy systems that govern physiology and give rise to chronic disease. Causative agents that are not always detectable at the biochemical level, commonly manifest an attendant perturbation at the energetic level. Foundational research that supports the basis of Quantum Medicine has provided a clear mandate for the necessity of considering the variables of energetic anatomy in attempting to comprehend complex, multisystem diseases. From such research it is evident that the energetic context of health disorders, needs to be considered with the traditional biochemical model and that neither can stand alone. For example, using the meridian system as a way to determine biochemical stressors and organ responses to stress factors can synchronize enzymes and create an amplified crystalline resonant field that propels nutrients deep within the cells of the body (Townsend Letter for Doctors & Patients, April, 2000), thereby improving nutrient uptake. As an added bonus, matching the correct resonant frequencies to meridian representations of organs and systems of the body enhances electron transfer functions and stabilizes molecular defenses, thereby reducing oxidative stress. The next column will discuss lymph stasis, lymphedema, and lymphotoxicosis as common underlying causes of obesity, thyroid insufficiency, and chronic pain syndromes and their assessment via regulation thermography and the best sequence of testing to determine one’s lymphatic status via the meridian pathways.

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