# MILD TRAUMA AND OTHER COMMON PEDIATRIC COMPLAINTS

## **INSECT BITES**

Children, in particular, often experience unusual swelling after insect bites. Traumeel ointment with its anti-inflamatory effects helps relieve pain, itching, and swelling without compromising the immunity of young skin as do cortisone-based creams.

## Traumeel®

Traumeel ointment was administered to a victim of a Brown Recluse spider bite, 30 hours after the incident. The victim happened to be a physician, who thoroughly documented the episode. According to Dr. Brenda Stein: "within 24 hours of the bite, the area was about 3 centimeters in diameter. It took the appearance of an ecchymosis with a small white area immediately at the site of injection about

2.5 mm across. "I applied a thin layer of Traumeel ointment once a day for three days. At the end of this time, the lesion remained mildly tender but was no longer easily visible and there was no evidence that ulceration would occur at all. Approximately 96 hours post-treatment, it would take a very careful examination to find the injection site, much less the area of ecchymosis."



In a clinical trial testing 157 children ranging in age from infancy to 12 years of age; 45% girls and 55% boys, Traumeel ointment was used to treat a variety of traumatic, inflammatory and degenerative disorders such as contusions, sprains, hematomas, and dislocations. The ointment was used 1-3 times daily with or without bandaging, as prescribed by the health professional. In 62% of the cases, Traumeel ointment was the only therapy. The remaining 38% needed additional pharmaceutical therapy such as analgesics, antirheumatics, or anti-inflammatory drugs. For details of this study, refer to the medical abstract in this issue, entitled: "Treating pediatric trauma with a homeopathic ointment" (p.8).



# SUNBURNSUNBUR

Traumeel ointment or gel is indicated as the first choice for sunburn. It soothes "shocked" skin while reducing inflammation. Traumeel restores normal circulation and stimulates regeneration of skin cells. In general, relief comes immediately upon application of Traumeel ointment or gel, and because of Traumeel's unique action on skin cells and its anti-oxidant property, Traumeel considerably reduces the sun's damage to the skin, preventing or attenuating brown streaks or spots, blistering, or scarring that often result from sunburn.



## **Otitis Media**



### **ACUTE:**

Use one vial of Traumeel Eardrops 2-4 times a day for three days, then reduce to 1-2 times a day for 5 days.

Traumeel ointment or gel can also be used on the external ear area and at the base of the ear to help reduce pain and heat in acute otitis media.

#### **CHRONIC:**

One vial of Traumeel Eardrops twice a day for 2 weeks.

## PROPHYLACTIC:

Use one vial of Traumeel Eardrops: place half of the solution in each ear after swimming or diving.

To reduce the pain (especially in children): Oral administration of Viburcol Monodose (Oral Solution) will help diminish pain and agitation often seen in children with otitis media. Pour the contents of the plastic vial onto the child's tongue. Refer to product insert for detailed directions and dosage.

# OVEREXPOSURE and HEAT EXHAUSTION can lead to restlessness in young children

Summer fun, when children play outdoors, can lead to all kinds of physical stresses that may agitate their mood. In a normal day of playing, a child may be bitten by insects or overexposed to the sun, resulting in fever, restlessness and discomfort, itching and burning of the skin, flushed face and head (from too much sun), and so on. To calm the child's physical and mental distress, try the following protocol with the convenient new monodose oral solution products:

1 Viburcol Monodose + 1 Traumeel oral vial or monodose.

Administer orally by emptying into the child's mouth.

For children under 12: use 1/2 an oral vial of Traumeel or use one monodose of Traumeel Eardrops Solution. Both are saline-based and can be easily emptied in the child's mouth.

For children over 12: Use 2 Viburcol Monodose vials.

OR

ACUTE: 1 Viburcol suppository 2-3 times a day CHRONIC: 1 Viburcol suppository 1-2 times a day

For infants from 0-6 months: maximum one suppository a day

