The aim of the present work was to improve pre-labor preparation and programmed delivery by application of antihomotoxic preparations. Coenzyme compositum and Viburcol/Baby Pure were used for prophylaxis of labor anomalies, which resulted in improved labor results.

Viburcol/Baby Pure and Coenzyme compositum were used with 53 patients (group I) during pre-labor preparation and delivery. The control group consisted of 105 women who were treated by standard preparation methods (group II).

Analysis of preliminary results from women in Group I, who used antihomotoxic preparations, show a considerably decreased number of labor complications in comparison with women in the control group. Problems with delivery and side reflex reactions were not noted in group I, but were observed in group II, by 10% and 20%, accordingly.

A decrease in the number of urgent C-sections was noted in group I. As well, the number of cases of acute prenatal hypoxia and fetus asphyxia during delivery decreased markedly in the same group.

The analgesic and anti-anxiety effects of the remedies were rated as 100% and 58% respectively in group I and as 56% and 1% in group II. Side effects were not observed in either group.

The use of the antihomotoxic preparations Coenzyme compositum and Viburcol/Baby Pure for prophylaxis of labor anomalies during pre-labor preparation and delivery offers a high therapeutic effect and allows to avoid prescription of preparations that could negatively impact the fetus.