

## HAY FEVER

The following protocol focuses on seasonal allergic rhinitis and several antihomotoxic preparations that can help curb the symptoms and suppress the reaction. Unlike other allergies, hay fever has a wide spectrum of causative agents. There are thousands of allergens. The probability of an allergic response by an individual is further amplified by the person's vulnerability to one or more allergens. From a clinical point of view, it is difficult to identify allergens and nearly impossible to prevent exposure. Symptomatic relief becomes a treatment priority.

Hay fever is an allergy that affects the mucous membranes. The eyes, upper respiratory passages, and skin are most frequently affected. Rather than drying the mucous membranes of these body areas, as do con-

ventional allergy medicines, the ideal therapy is to strengthen the membranes and make them more resistant to allergens by hydrating them, reducing the inflammation, and removing toxins.

Heel GmbH has a homeopathic formula for seasonal allergic rhinitis, *Luffa compositum*, containing *Luffa operculata*, *Galphimia glauca*, histamine, and sulfur. This particular combination offers anti-inflammatory effects at the level of the mucous membranes. A study comparing *Luffa compositum* nasal spray with a conventional Sodium cromolyn nasal spray was published in *Research in Complementary Medicine* and later abstracted in the Fall 2000 issue of this journal, the *Journal of Biomedical Therapy*.

See page 14 for contact numbers to obtain copies.

### YOUR ALLERGY ARSENAL

- LYMPHOMYOSOT / LYPHOSOT
- LUFFA COMPOSITUM
- PSORINOHEEL / SORINOHEEL
- HEPAR COMPOSITUM
- EUPHORBIVM COMPOSTIUM
- MUCOSA COMPOSITUM

Because of the nature of hay fever, an arsenal of remedies is required to relieve the symptoms. The following illustrates a few combinations of HEEL products which can be used. The individual combinations are based on the patient's dominant symptom, for example:

#### When the skin is prominently affected use:

##### LUFFA COMP / PSORINOHEEL / HEPAR COMP

Hepar compositum intervenes in the unfolding of toxic derivatives associated with the allergy mechanism. It works at the level of the liver to subdue its reactions to the toxic cascade from the allergy mechanism. During the "allergy response," when the liver is "shocked" by the enzyme activity required to deal with allergen toxins, Hepar compositum helps quench this response.



## When the lungs are highly congested or asthma is present use:

### LYPHOSOT / MUCOSA COMP / EUPHORBIIUM COMP / LUFFA COMP

Lymphomyosot/Lyphosot together with Mucosa compositum drains mucus from the lungs. Adding Luffa comp tablets helps to neutralize the inflammatory response. Ideally this therapy should be split into the clinical administration of injectable plus home medication: Lymphomyosot/Lyphosot and Mucosa compositum should be given subcutaneously in the clinic 2-3 times per week for three weeks, then once a week for 5-6 weeks. This should be supported with a prescription of Luffa comp tablets and Euphorbium comp or Luffa comp nasal spray to be used at home by the patient at the following rates:

Nasal spray: 3-5 times daily

Luffa comp tablets: 1 tablet 3-5 times per day.

## When the skin is affected with weeping sores and/or eczema use:

### LUFFA COMP / LYPHOSOT / PSORINOHEEL

Usually, the patient is congested in the head, and has difficulty expelling catarrh. This therapy is a prescription-based therapy that should last for a period of at least five weeks. Intervals of 10-14 days when medication is interrupted can be scheduled during a seasonal therapy of 3-6 months.

## The following combination is an intense therapy which works at the level of the allergy mechanism

### LUFFA COMP / ENGYSTOL / MUCOSA COMP

Engystol is well known for its ability to defuse toxins and their reactions. Together with Mucosa compositum, the toxins will be eliminated and directed out of the body. The Luffa comp Nasal Spray in this protocol is for symptomatic relief. Because this is a vigorous therapy, there may be a healing crisis which will exacerbate the patient's allergy symptoms within the first 5-7 days.

### Therapeutic Tips:

For symptomatic relief of dry eye and rhinitis use Traumeel ampoule solution as eye and nose drops  
2 to 3 drops  
3-5 times per day.



For coughs associated with allergies use Tartephedreel prescribed according to manufacturer's dosage.

## Notes on Liver & Allergies

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The liver is a complex organ and its dysfunction can lead to multiple consequences. Most people wrongly believe that hepatic dysfunction is often associated with a "lazy" liver.

In many cases, the liver will show a state of overloading that manifests itself rather by an hepatic hyperfunction.

Electropunctural testing shows this state mainly in people suffering from allergies, cutaneous problems, inflammatory diseases, food intolerance, alternating diarrhea and constipation, hyperacidity, etc...

Most remedies can stimulate a "lazy" liver, however few remedies can help and calm a hyperactive liver. The best remedy I know for this is Hepar compositum. In the most acute cases, you can add Phosphor-Homaccord. "These products are two very precious tools in my practice."

Pharmacist and homeopathic practitioner, Michel Groleau has been teaching Homeopathy and Homotoxicology for many years. He is also in charge of directing case studies and is a member of the Society of Homotoxicology of North America (SOHNA).

Michel is very active at Homéopathie Québec, the first pharmacy in Quebec to be exclusively dedicated to Homeopathy.