Recent North American statistics show that age-related diseases increase by 15-30% in people over 85 years old. Many symptoms of age-related diseases start to appear at age 85, rather than at 65-75. This should encourage the treatment of older patients with homeopathic products that are safe and gentle, that do not tax the body, and can be taken long-term for chronic conditions without deleterious effects.

The following repertoire of remedies and protocols is from the book Geriatrics and Homotoxicology by Dr. Bianchi:

**Cerebral stimulation: Selenium-Homaccord®**: 15 drops 3x/day.

This stimulates the brain in cases of deterioration-linked depression. The initial symptoms might appear relatively early, displaying the characteristics of a nervous breakdown. The evaluation for this product is to be performed at a very advanced point in time. This is a typical condition that may begin during the relatively stable period of 60-70 years of age. It can be given as a preventive protocol for candidates at risk, or those who have a history of depression.

**Nervous symptoms: Tonico-Heel®**: 1 oral vial 3-4x/week.

This preparation stimulates subjects who demonstrate extensive nervous symptoms. There may be either deep psychological indications such as depression, obsession, etc. or neurological symptoms such as paresthesia and neuritis. This is useful for treating the consequences of stress as well as related symptoms (hypertension, allergies, diarrhea), plus somatic symptoms. The key indication is exhaustion and the sensation of no longer being able to cope.

**Peripheral circulatory disorders: Circulo-Heel®**: 1 oral vial 3x/week.

This is a useful remedy for peripheral circulatory disorders on a nervous, arteriosclerotic, toxic, or constitutional basis. It owes its action to the presence of its components and multiple dilutions. Frequently, the earlier the stage of the circulatory disorder, the more effective and rapid the action of this remedy.

For the above conditions, a standard protocol should last at least two weeks, but most should be repeated once or twice with a month of interval.