



# Pre- & Post-Surgical Protocols

Homotoxicology can offer a way to prepare the body for surgery and to help it recover from surgery. Because one of the main venues of homotoxicology is to clear the toxins associated with illness, initiating a detoxifying protocol before surgery can help reduce recovery time. By the same token, post-surgical protocols using remedies that help detoxify the anesthetic residues and drain the elements from tissue repair and inflammation can have a huge impact on the healing process and the energy level of the patient after surgery.

Although no full studies have been done to confirm the benefits of using homotoxicology to prepare and to recover from surgery, there are documented cases that show that patients feel better after surgery and recover from the anesthetic with little or no consequences. The energy level and feeling of well-being are the most noticed by patients.

## PROSTATE SURGERY CASE

There are many remedies that apply to this type of protocol, for example:

**LYMPHOMYOSOT/LYPHOSOT** targets the lymphatic system and drains toxins via this pathway. Its functional emphasis lies in the draining of toxins associated with inflammation and viral waste. It is the remedy called for when edema is present from any pathology and to rouse a sluggish lymphatic system. Following surgery it helps push the body into detoxifying and draining the residues of repair, and preventing edema while the incision heals.

**NUX VOMICA-HOMACCORD** is well known for its capacity to defuse stimulants such as caffeine and nicotine. It is particularly useful as a pre-surgical aid which cleanses the bloodstream, leaving the kidneys more apt to deal with anesthetics. This cleansing property extends to the gastrointestinal tract making Nux vomica-Homaccord an important remedy to use both before and after surgery.

**TRAUMEEL** is a well known and effective alternative to NSAIDs.\* Traumeel applies to post-surgery and is a mild analgesic with the advantage of not adding to the toxic profile. Post-surgically, Traumeel can increase blood circulation in general, but particularly in areas of inflammation, thereby contributing greatly to the healing of tissue and prevention of scar tissue. It acts on the inflammatory response through immune modulation (the Bystander reaction), both by reducing its consequences and therefore the toxic residues associated with inflamed tissue. It also reduces pain by its analgesic property.

**GALIUM-HEEL** is an important polycryst in homotoxicology and a useful remedy to use both before and after surgery. Galium aparine favors healthy tissue, preventing tissue granulation, inflammation, ulceration and edema. Before surgery, it cleanses the glandular and urinary systems.

The main advantage of using these homeopathic complexes in cleansing the body before and after surgery is that they do so in a gentle, non-invasive way. Some herbals and laxatives leave traces that can have antagonistic effects on the residues of anesthesia or on other drugs that may be used in the medical process. Another important factor in using antihomotoxic products is the fact that because they are homeopathic complexes, usually in high dilutions, they may be used in conjunction with drug therapy and thus integrate perfectly into conventional treatment.

\* Non-steroidal anti-inflammatory drug

## GENERAL PROTOCOL BEFORE SURGERY

Ideally, a homotoxic pre-surgical protocol should be initiated 2 months before surgery so that it is finished 5 weeks before the due date.

**NUX VOMICA-HOMACCORD:** 1 vial 2x/week for 2 -3 weeks.

+

**GALIUM-HEEL:** 12 drops b.i.d. for 10 days. It is best to start with Galium-Heel on the last week of using of Nux vomica-Homaccord.

Depending on the intervention involved, coupling the above remedies with functional remedies like HEPAR COMPOSITUM to support liver function, for example, can have profound effects on recovery and well-being after surgery.

GENERAL PROTOCOL AFTER SURGERY

**LYMPHOMYOSOT/LYPHOSOT:**

1 vial 3x/week for 3-5 weeks (depending on the type of surgery; extend duration in proportion to possible edema).

+

**NUX VOMICA-HOMACCORD:**

1 vial 2x/week for 2 weeks.

+

**GALIUM-HEEL:**

12 drops b.i.d. for 1-2 weeks.

+

**TRAUMEEL:**

1 vial per day for 5 days and as needed for pain (up to 8 vials per day).



**TIP:**

A POST-BIOPSY PROTOCOL with LYMPHOMYOSOT/LYPHOSOT and/or GALIUM-HEEL



**GALIUM-HEEL:**

12 drops b.i.d. for 1 week to 10 days.

OR

**GALIUM-HEEL:**

12 drops once a day for 10 days.

+

**LYMPHOMYOSOT/LYPHOSOT:**

12 drops b.i.d. for 5 days.

+

**ECHINACEA COMPOSITUM:**

1 vial for the first 5 days, then 3x/week for 2-3 weeks.

When post-surgical antibiotics are prescribed, a course of ECHINACEA COMPOSITUM can positively influence the effects of the antibiotics while supporting the immune system and preventing the typical depression known to be caused by certain types of antibiotics.



The **DETOX-KIT** can be used pre- and post-surgically to cleanse the system, but it should be initiated so that it is finished 2-3 months prior to the surgical date.

Post-surgically, the **DETOX-KIT** can be used 1 week after surgery. If the patient is weak, start at half doses, or wait another week before initiating the detox program. If antibiotics are prescribed immediately after surgery, it is best to wait until the antibiotic course is over before starting the **DETOX-KIT**.