

# Obesity as an inflammatory disease: Homotoxicology is a valuable answer to control it

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Obesity is the epidemic of the Twenty First Century and is basically an inflammatory disease making it very well suited for treatment with antihomotoxic remedies. A newly discovered hormone, ghrelin, is secreted from the stomach. It interacts with neurons in the hypothalamus, which among other things decreases fat catabolism and stimulates food intake. Fat tissue also secretes adipocytokines, which are proinflammatory, cause insulin resistance and block weight loss.



The three basic pillars of antihomotoxic detoxification are the bases with which we treat obesity: detoxification, cellular activation/organ regulation and immunomodulation.

For the first 6 weeks of detoxification, use:

**Hepar compositum** on Monday and Thursday

**Thyreoidea compositum** (or **Funiculus umbilicalis suis-Injeel**) on Tuesday and Friday

**Solidago compositum** or **Berberis-Homaccord** on Wednesday and Saturday

**Glyoxal compositum** on Sunday

If the patient has had steroids, add **Pulsatilla compositum**, 1 ampoule 3x/week.

For the next 12 weeks of detoxification:

Switch to the **Detox-Kit (Lymphomyosot/Lyphosot, Berberis-Homaccord, Nux vomica-Homaccord)**: 30 drops of each in at least two liters of water per day. Add **Galium-Heel**: 30 drops to the first liter of the day.



For obesity:

Specifically take **Strumeel** and **Graphites-Homaccord**: one tablet and ten drops respectively, 3x/day before meals.

**Traumeel** tablets (or ten drops) twice daily on arising and on going to bed.

**Coenzyme compositum** (or **Ubicoenzyme**) in the morning and **Ubichinon compositum** (or **Ubicoenzyme**) at bedtime at a dose of 10 drops or 1 tablet of each.

**Tonsilla compositum** tablets (or **Glandula suprarenalis suis-Injeel** and **Hypothalamus suis-Injeel** in ampoules) once daily after dinner or 1 ampoule 3x/week.

In addition to this basic protocol, eat a proper Mediterranean-type diet and do aerobic exercises 20-30 minutes three times per week. Proper i.v. detoxification should also be instituted.

If injection therapy is available, mesotherapy should be instituted:

**Thyreoidea compositum** (or **Natrium pyruvicum-Injeel**) at Chakra points

**Hepar compositum** at St 36

**Lymphomyosot** at Sp 6

**Placenta compositum** or **Funiculus umbilicalis-Injeel** at St 23,25, 27 for Hypophysis types

**Hepar compositum** or **Pankreas suis-Injeel** at Solar Plexus, Lv 13, St 25 and St 36 for Pancreas types

**Ovarium compositum** at St 29 and Sp 6 for Female Endocrine types (**Testis compositum** in place of **Ovarium compositum** for males)



With proper treatment and care, including stress reduction techniques, obesity as an epidemic can be controlled with the help of Homotoxicology.