

Metabolic syndrome and diabetes type II: adjuvant treatment

By the Medical Writer

The treatment of these two conditions is essentially the same, except that Diabetes type II entails hyperglycemia and a higher incidence of side effects. The criteria for diagnosis are added below.

Adult treatment protocol (ATP) criteria for the diagnosis of metabolic syndrome:



Metabolic syndrome: diagnosis

ATP III criteria	
• Abdominal obesity	
- men	> 102 cm (40 in)
- women	> 88 cm (35 in)
• Triglyceride	≥ 150 mg/dL (1.7 mmol/L)
• HDL cholesterol	
- men	< 40 mg/dL (1.0 mmol/L)
- women	< 50 mg/dL (1.3 mmol/L)
• Blood pressure	≥ 130/≥ 85 mm Hg
• Fasting glucose	≥ 110 mg/dL (6.1 mmol/L)

Diagnosis of metabolic syndrome is made when 3 or more of the above risk determinants are present.

Diabetes: diagnosis

• Fasting blood sugar (FBG) test is the preferred method
- Fasting overnight (at least 8 hrs)
- FBG of 100 mg/dL (5.5 mmol/L) is normal
- IFG (impaired fasting blood glucose)
• 110-126 mg/dL (6.1-7.0 mmol/L) (Seen in the metabolic syndrome)
- Diabetes
• > 126 mg/dL (7.0 mmol/L) on two occasions = Diabetes
- Random samples may be used if symptoms are present
• 200 mg/dL (11.1 mmol/L) = Diabetes

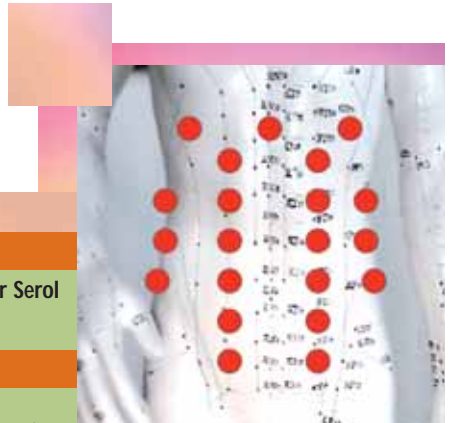
Antihomotoxic treatment of these diseases has three aims:

- 1. Regulation of the biological terrain** with detoxification and drainage, organ strengthening, immunomodulation and cellular activation.
- 2. Reducing central obesity**
- 3. Treating complications**

1. Regulation of the biological terrain

TREATMENT WEEKS 1-6			
Pillar I Detoxification and drainage	Pillar II Cellular activation	Pillar III Organ regeneration and immunomodulation	Dosage
Hepar compositum Solidago compositum or Berberis-Homaccord Thyreoida compositum or Pulsatilla compositum	Coenzyme compositum or Ubicoenzyme	Achieved here with the advanced detoxification remedies in pillar I	Ampoules and tablets: 1 ampoule or 1 tablet 3x/week. Drops: 10 drops 3x/day.
TREATMENT WEEKS 7-12			
Drainage	Cellular regeneration	Organ regeneration and immunomodulation	Dosage
Nux vomica-Homaccord Berberis-Homaccord Lymphomyosot/Lyphosot i.e. Detox-Kit	Ubichinon compositum or Ubicoenzyme and Glyoxal compositum	Tonsilla compositum or a combination of: Glandula suprarenalis suis-Injeel, Hypothalamus suis-Injeel, Funiculus umbilicalis suis-Injeel	Ampoules and tablets: 1 ampoule or 1 tablet 3x/week. Drops: 10 drops 3x/day.

Note: the regulatory treatment above is basically done in cycles with a rest period of 4-6 weeks after the 12-week regimen. The rest period is an ideal time to treat central obesity. As fat tissue stores many toxins, it makes sense to first prepare the body for detoxification (weeks 1-6) before drainage (weeks 7-12), and before mobilization of fat stores (weeks 13-18). Fat-soluble toxins include all the hydrocarbon molecules, molecules with a benzene ring like Dioxin and DDE, for instance. These can be deposited in other areas if the detoxification organs are not primed prior to drainage and mobilization.



2. Reducing central obesity

ORAL TREATMENT:

Strumeel: 1 tablet 2x/day and **Graphites-Homaccord:** 15 drops 2x/day, or **Serol** (a weight loss nutraceutical), if available: 2 capsules 2x/day.

MESOTHERAPY (if possible):

Injections of **Hepar compositum**, and **Thyreoida compositum** or **Funiculus umbilicalis suis-Injeel** and **Natrium pyruvicum-Injeel** (see diagram).
Dose: twice a week for 6 weeks.

1, 3, 5 and 10 cc syringe, 27 or 30 gauge, 1/2 inch (15 mm) needles

3. Treating complications

Treatment depends on which complications are evident. This oral treatment should be continuous and not cyclical, but one should always assess whether it is still necessary after the regulatory cycles. If the patient starts to regulate, it may be that the complication has lessened.

• FOR GENERAL PREVENTION OF COMPLICATIONS:

Traumeel: 15 drops 2x/day (Traumeel inhibits pro-inflammatory cytokines)

• HYPERTENSION AND HYPERLIPIDEMIA:

As an adjuvant or alone, depending on the severity, **Cralonin:** 15 drops 2x/day.
If available, add 1 capsule 2x/day of **Reduchol** (an hypocholesterolemic nutraceutical).

• HYPERGLYCEMIA:

Syzygium compositum: 15 drops per day or **Pankreas suis-Injeel:** 1 ampoule 3x/week.

• GOUT (see below)

• POLYNEUROPATHY:

Lymphomyosot or **Lyphosot** (also part of the Detox-Kit): 15 drops 2x/day (best results were achieved when combined with 300 mg of **alpha-lipoic acid** per day) for at least 6-8 months.¹



Treatment of gout

Symptom	Remedy	Dosage
Acute attack	Bryaconeel Lithiumeel Traumeel drops/tablets Arnica-Heel ointment	1 tablet or 10 drops, every 15 min for 8 doses, and then 3x/day. Apply the ointment several times (up to 5x/day) over the affected joint(s).
Chronic treatment of uric acid diathesis	Lithiumeel tablets Solidago compositum or Equisetum arvense-Injeel (the latter two are for "under excreters" to improve kidney excretion)	1 tablet 2x/day for several weeks. Solidago compositum or Equisetum arvense-Injeel: 1 tablet or 1 ampoule 3x/week.
Treating complications	Kidney stones are common in "overproducers" with a high load of uric acid through the kidney: Reneel or Populus compositum and Berberis-Homaccord , Spascupreel (for the colic)	Tablets: one tablet every 15 min for 8 doses then three times a day. Drops: 15 drops three times a day.
Treating complications	Gouty tophi: Ubichinon compositum or Ubicoenzyme	1 tablet or 10 drops twice a day, with Lithiumeel as above.

¹ Eiber A, Klein P, Weiser M. Adjuvant homeopathic treatment enhances the effects of conventional therapy. Der Allgemeinarzt. 2003;25(8):610-4.