

DETOXIFICATION

Homotoxicology makes use of specific "Detoxifying remedies" to induce the excretion of toxins. These remedies are different from others used to repair damage from toxins. Conveniently, Heel manufactures certain remedies in liquid form which specifically support clinical detoxification. Such "excretion-phase" remedies can be valuable when used in a

cleansing program for prevention or maintenance. Heel Canada has put three of these remedies in a DETOX KIT. These remedies can be used alone or in concert with other, more specific composites or Homaccords, or as adjuvant therapy to clinical detoxification programs.

The preparations are:

- BERBERIS-HOMACCORD
- LYPHOSOT / LYMPHOMYOSOT
- NUX VOMICA-HOMACCORD

These three preparations can be rated as stronger than other over-the-counter type preparations in their effectiveness and may produce a notable reaction. But there is no need to purge, fast, or follow a special diet while following this program. These three preparations were formulated to work at the



level of the major detoxification organs of the body. For example:

BERBERIS-HOMACCORD

Berberis acts mainly on the urinary system. As with all antihomotoxic remedies, it reaches into other systems that are involved in the detoxification process. Berberis is indicated for overloading of the excretory organs; especially the liver, kidneys, and skin.

The following chart offers a profile which encompasses the different detoxification systems and their symptom portraits. Any combination of symptoms from the right side of the chart indicates the use of the remedy featured at the top.

BERBERIS DETOX PROFILE

SYSTEM	SYMPTOM PORTRAIT	
URINARY	<ul style="list-style-type: none"> • renal pain and colic • stabbing pain in ureters (extending to testes in men) • tenesmus of bladder 	<ul style="list-style-type: none"> • renal calculi • pyelitis • cystitis
UROGENITAL	<ul style="list-style-type: none"> • pain in lower abdomen and pelvis (symptoms of bladder infection with or without bacterial invasion) • leucorrhea • dysmenorrhea • poor urination (straining especially before menses) 	<ul style="list-style-type: none"> • pain in sacrum and rheumatic-type stiffness before menses • varicose veins and swelling of legs especially before menses • exhaustion, irritability, and symptoms of PMS
DIGESTIVE (berberis acts mainly at the level of the liver)	<ul style="list-style-type: none"> • bile related disorders (adjusts function and flow) • clears alkaloids, and their breakdown products, as well as purines • gout (use only at intermediary treatment level, not in the beginning of treatment) 	<ul style="list-style-type: none"> • pain in lower right abdomen • cholangitis • hemorrhoids, itchy and burning sensation in the anus
LYMPHATIC (especially adrenal glands)	<ul style="list-style-type: none"> • bluish circles under and/or around eyes • exhaustion, prostration, depression • full-headed feeling • flushed face 	<ul style="list-style-type: none"> • dermatoses: pimples, vesicles, hot spots, red itchy vesicles, desquamation • bloated body form from meat-based diet • gout • rheumatism

NUX VOMICA-HOMACCORD

Nux vomica is the homeopathic remedy for detoxification via the digestive system. It is highly effective for cleansing toxins from the breakdown of drugs and alcohol, as well as from a poor diet. It reaches the urinary tract organs by repairing damage done by toxin elimination and provides organic support during a detoxification program.

LYPHOSOT / LYMPHOMYOSOT

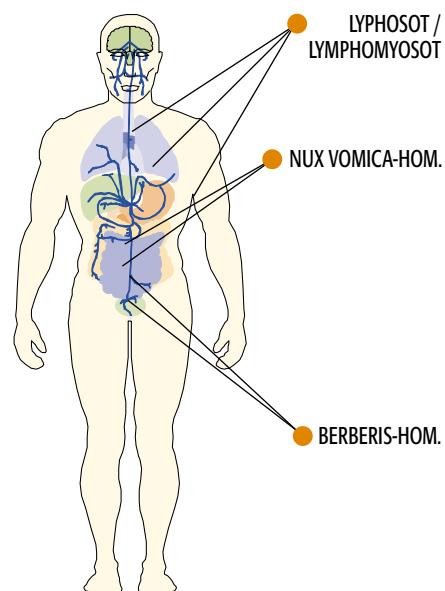
This is a composite of homeopathic ingredients prepared by Heel, specifically formulated to drain the lymphatic system. It is precise in its action on the lymphatic system and efficacious at inducing the flow and excretion of toxins from the lymphatic tissue. Its action stretches to the circulatory system, making it a useful addition to protocols for cardiac insufficiency and renal edema.

**NUX VOMICA-HOMACCORD
DETOX PROFILE**

SYSTEM	SYMPTOM PORTRAIT
DIGESTIVE	<ul style="list-style-type: none"> • food toxins as in allergies and intolerance to certain foods or overuse of stimulants such as nicotine, caffeine, etc. • inflammation of the digestive tract, with impaired circulation • headache (migraine from alcohol for example) • nausea • insomnia • heartburn • eructations • palpitations (from allergy to food or drugs) • pale complexion with clammy hands • rheumatism (from poor diet or alcohol, drug or coffee abuse) • ulcers on tongue • stomatitis with vesicles • tenesmus and hemorrhoids • congestion in the head, usually accompanied by constipation • gingivitis • bloating, flatulence
URINARY	<ul style="list-style-type: none"> • tenesmus of the bladder • kidney pain and colic • cystitis • pain and "pulling-sensation" in lower abdomen, especially before menses in women • chills • sleeplessness • fatigue • anxiety • heavy legs

**LYPHOSOT / LYMPHOMYOSOT
DETOX PROFILE**

SYSTEM	SYMPTOM PORTRAIT
LYMPHATIC	<ul style="list-style-type: none"> • secondary reactions of lymphatic edema such as neurodermatitis • excessive or nocturnal sweating • hot flushes • pruritis • amenorrhea • painful micturition • rhinitis • bronchitis • neoplasms
CIRCULATORY	<ul style="list-style-type: none"> • cardiac insufficiency • pulmonary stenosis • pulmonary edema • swelling of legs and heavy feeling in legs • high blood pressure and headache from cardiac congestion



This protocol profile was prepared by Jo Serrentino, adapted from her courses on clinical ecology.