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# The Antihomotoxic Therapy of Skin Disorders and Allergies

The skin is a barrier organ which represents the interface of the individual to his or her environment. In this role, it is consequently responsible for essential resistance functions.

At the same time, our skin is also an indicator, or mirror, of processes associated with feelings and emotions. Our language itself indicates as much to us: when something touches us "to the quick," or when something "gets under our skin," we are speaking about processes capable of stirring our feelings. The intimate correlation of the skin as defensive organ with the metabolic processes taking place in the space of Pischinger — and, essentially, the skin's association with processes of defense regulation carried out in the intestine-associated lymphatic system — become especially apparent with infants and small children. Skin reactions readily appear among babies and young children after even the slightest shifts in the balance of acids and bases, or upon application of strong

physical media such as heat. A great number of allergic diatheses manifest their hyperergic reactions on the skin.

From the standpoint of homotoxicology, the skin performs the functions of a locus of reaction in all cases in which other possible organs of excretion or processes of elimination are partially or fully inhibited from their proper functioning.

For this reason, it is precisely antihomotoxic therapy which is effectively suited for catalyzing the normal functions of detoxification, and for achieving immunomodular effects.

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1. The initial therapeutic task is to restore the functional capability of the space of Pischinger by application of antihomotoxic remedies, and to stimulate the elimination functions performed by organs of detoxification.

- The second priority is restoration of the intestinal tract milieu usually
  disrupted in cases of skin disorders and allergies by applying symbiosis control and concerted dietary measures.
- 3. The third step involves administration of symptom-related therapy with combination homeopathic preparations, or with potency accords (multipotency preparations).
- 4. The fourth significant element of biological treatment of skin disorders takes the form of nosode therapy which may be administered on either an etiological or a symptomatic basis.
- 5. The fifth building block is therapy with biocatalysts, toward enhancement of concerted therapeutic action, for the purpose of acceleration of reactions.
- 6. The sixth aspect, one which should especially not be neglected, is suis organ preparations a possibility essential owing to the regenerative effects of these remedies in the organotropic area.
- 7. The application form of choice is progressive auto-sanguis therapy, a technique using progressive iso therapy with the patient's own attenuated

blood — a possibility in which the individual aspects of the therapeutic package may be effectively combined.

8. In the event of allergic diatheses, counter-sensitization in the form of isotherapy with the patient's own blood, as developed by Imhäuser or Theurer, is an effective adjuvant measure.

The possibilities afforded by the many-faceted, mutually complementary elements in this concept of therapy allow us to plan and implement a form of biological regulation therapy with good prospects of success for healing — notably with patients suffering from skin disorders, including cases of skin disease with allergic etiology.

In the following, I would like to present a number of clinical cases which will illustrate the practical application of these individual therapeutic aspects in their interrelationships.

Let us first consider what is not only one of the most frequent skin disorders, but also one of the most extremely difficult to approach therapeutically from the standpoint of orthodox medicine: atopic eczema. The frequency of this skin disease has increased frighteningly in Germany over the past years. The first

step in therapy must be elimination of nutritive allergens. Effective antihomotoxical therapy takes the following form:

1. The preparations of choice for terrain therapy are Lymphomyosot<sup>(R)</sup> and Traumeel<sup>(R)</sup> S, supplemented by Thyreoidea comp. for adult patients. It is precisely with skin disorders that stimulation of liver functions becomes essential, since impairment in the functioning of this detoxification gland are frequently associated with skin diseases.

For this reason, **Hepcel**<sup>(R)</sup> is one of the main preparations effective for skin disorders.

The most effective preparations for adults are **Hepar comp.**, and especially **Cutis comp.**, as injection preparation.

2. Concerted microbiological therapy is indispensable here, in conjunction with appropriate dietary measures: no industrial sugar, no pork, no refined-flour products. In the event that nutritive allergy is involved, the elimination of allergens from the diet is of course crucial.

- 3. Symptomatic homeopathic preparations which have proven effective include the following:
  - Graphites-Homaccord<sup>(R)</sup>, for patients with dry and cracked skin
  - Arnica-Heel<sup>(R)</sup>, for susceptibility to traumata
  - Schwef-Heel<sup>(R)</sup>, especially for hyperhidrosis
  - Sulfur-Heel<sup>(R)</sup>, for patients with pruritus
  - Belladonna-Homaccord<sup>(R)</sup>, in acute inflammatory phases
  - Petroleum-Injeel, for eczema of the palm of the hand, or behind the ear.
- 4. The nosode therapy available here may be broken down into heredonosodes and etiologically selected nosodes:

Heredonosodes are applied according to symptomatic picture. For patients associated with an exudative diathesis — which is generally the case with skin disorders and allergies — Tuberkulinum-Injeel is indicated. Medorrhinum-Injeel is called for in the event of proliferative forms of inflammation (e.g., buttocks eczema of infants). Luesinum-Injeel is indicated for destructive symptom pictures. Frequently, however, the patient's symptomatic picture is variegated: the effectiveness of

**Psorinoheel**<sup>(R)</sup> in such cases has made it one of the most frequently indicated heredonosodes.

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Asthma-Nosode-Injeel is often successful in cases of chronic eczema.

#### Slide no. 4

For patients suffering from eczema with a tendency toward superinfection, the following have proven effective:

- Pyodermie-Nosode-Injeel, or:
- Staphylococcus-Injeel and Streptococcus haemolyticus-Injeel, and in some cases:
- Herpes simplex-Nosode-Injeel, as well as:
- Psoriasis-Nosode.

- 5. Among the biocatalysts, Coenzyme comp. and Ubichinon comp. are always appropriate for therapy of skin disorders.
- 6. The following organ regeneration preparations are effective in treatment of skin disorders and allergies:
  - Cutis suis-Injeel
  - Hepar suis-Injeel
  - **■** Hypophysis suis-Injeel
  - Colon suis-Injeel.
- 7. The application form of choice here is the technique of progressive iso therapy with the patient's own attenuated blood, in the following sequence:

1st step: symptomatic remedies

2nd step: terrain preparations

3rd step: suis organ preparations

4th step: nosodes.

#### Slide no. 1

For patients with allergies, counter-sensitization in the form of isotherapy with the patient's own blood has proved effective, in addition to the therapy suggestions given above. The technique developed by Imhäuser is simple and successful for children. For adults, Theurer's method, or an equivalent technique, is most suitable.

The holistic concept of therapy outlined above offers the desired therapeutic success in a high percent of cases.

### Summary of therapy proposals

#### Antihomotoxic therapy for skin disorders:

- 1. Terrain treatment (space of Pischinger); stimulation of processes of elimination
- 2. Microbiological therapy

- 3. Symptomatic homeopathic preparations
- 4. Nosode therapy
- 5. Biocatalysts
- 6. Suis organ preparations
- 7. Progressive iso therapy with the patient's own attenuated blood
- 8. Counter-sensitization in the form of isotherapy with the patient's own blood

# Therapy recommendation for atopic eczema:

## Detoxification of connective tissue (terrain cleansing):

- Lymphomyosot<sup>(R)</sup>
- Traumeel<sup>(R)</sup>
- Thyreoidea comp. (in certain cases).

#### Stimulation of processes of elimination:

- Hepeel<sup>(R)</sup>
- Hepar comp.

Cutis comp.

## Symbiosis control in the form of dietary measures:

Elimination of allergens from the diet.

# Symptomatic homeopathic preparations for atopic eczema:

- Graphites-Homaccord<sup>(R)</sup>
- Arnica-Heel<sup>(R)</sup>
- Schwef-Heel<sup>(R)</sup>
- Traumeel<sup>(R)</sup>
- Sulfur-Heel<sup>(R)</sup>
- Belladonna-Homaccord<sup>(R)</sup>
- Petroleum-Injeel

# Nosodes for atopic eczema:

#### a. Heredonosodes:

- Tuberkulinum-Injeel
- Medorrhinum-Injeel
- Luesinum-Injeel
- Psorinoheel(R)

#### b. Heteronosodes

- Asthma-Nosode-Injeel
- Pyodermie-Nosode-Injeel
- Herpes simplex-Nosode-Injeel
- Staphylococcus-Injeel
- Streptococcus haemolyticus-Injeel
- Psoriasis-Nosode

# Biocatalysts for atopic eczema:

- Coenzyme comp.
- Ubichinon comp. (in rare cases)

### Suis organ preparations for atopic eczema:

- Cutis suis-Injeel
- Hepar suis-Injeel
- Hypophysis suis-Injeel
- Colon suis-Injeel

# Progressive iso therapy with the patient's own attenuated blood:

1st step: symptomatic remedies

2nd step: terrain preparations

3rd step: suis organ preparations

4th step: nosodes

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