

DENTISTRY COLUMN

Homeopathic complexes are applicable to dental procedures and surgery because they are gentle and scientifically proven effective alternatives to NSAID treatment without harsh chemicals. In dentistry, the frequent need for non-steroidal anti-inflammatories (NSAIDs) and analgesics makes homeopathic complexes the ideal alternative choice. Moreover, by using non-chemical formulations the dentist can reduce irritation of certain procedures such as root canals, and provide non-chemical solutions to long-term problems like tooth clenching and grinding.

THE FOLLOWING PROVIDES SUGGESTIONS OF SPECIFIC HEEL FORMULATIONS AND POSSIBLE PROTOCOLS FOR DENTAL PROCEDURES OR CONDITIONS:

ROOT CANAL and/or TOOTH EXTRACTION

Traumeel: to be used as an NSAID

1 tablet dissolved under the tongue every 2 hours; up to 8 tablets per day

or 1 vial orally 1-2x/day (hold liquid in mouth for 30 seconds, swish gently then swallow. No need to rinse) + Herpar sulphuris-Injeel p.r.n on site (if available) or **Traumeel** oral drops*: 10-15 drops 1 or 2x/day.



TO HELP REDUCE ACUTE SWELLING, ESPECIALLY AFTER DENTAL SURGERY

Traumeel: 1 vial 2-3x/day for the first 3 days, or 1 tablet p.r.n. up to 8x/day.

The advantage of using **Traumeel** as an NSAID is that it can be used in conjunction with conventional analgesics which are often necessary after certain dental procedures because of intense pain.

In the presence of acute inflammation and throbbing, prescribe **Belladonna-Homaccord** or **Belladonna-Injeel:** 1 vial every half hour until the acute phase is over. Generally there is relief after the second dose.

TEETHING

Viburcol/Baby Pure have been formulated especially for the symptoms associated with teething, including fever and inflammation. The easily administered monodoses are convenient for parents who can simply squeeze the contents of the plastic applicator onto their child's gums. Effective teething relief is also available with BHI Chamomilla Complex tablets.



* Contains alcohol.

GINGIVITIS

Nux vomica-Homaccord can be used systemically to fight gingivitis: 8-10 drops 3x/day, **or** 1 vial daily for one week, then 3x/week for 3 weeks.

Traumeel provides anti-inflammatory action to help soothe sore gums and stimulates circulation to improve healing time. The vials are the best choice for this purpose: 1 vial 2x/day for 10 days (hold liquid in mouth for 30 seconds, swish gently and swallow. No need to rinse).



CLENCHING, GNASHING, GRINDING TEETH

Spascupreel (even when patients are using an occlusion plate)

1 tablet in the evening after dinner and one tablet dissolved under the tongue before bed. **Spascupreel** will reduce jaw spasm associated with nocturnal tooth clenching. During the day, **Spascupreel** tablets can be taken at the rate of 3-5 tablets daily.

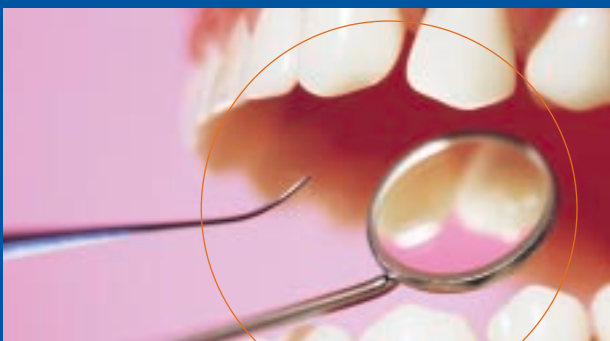
When clenching causes headache, facial neuralgia and jaw pain, add

Gelsemium-Homaccord (vials or drops). This remedy is a good choice to help relieve radiant pain often associated with spasm of the jaw due to clenching, grinding or gnashing. 1 vial in the morning for 2-4 weeks or oral drops*: 10-15 drops 1x/day.

Traumeel is always a staple as an anti-inflammatory, and very helpful in cases of spasm due to tooth clenching. In this respect, **Traumeel** acts as an anti-inflammatory for the gums and jaw line. The impact of clenching can be so great as to cause chipping of the teeth and root pain due to constant pressure. **Traumeel** tablets are a good complement to an occlusion plate.



TRAUMEEL: One tablet 3-5x/day during acute clenching or high stress periods



* Contains alcohol.